

THE NORTH RENFREW TIMES

DEEP RIVER, ONTARIO

WEDNESDAY, JUNE 10, 2026

\$2.00 (HST INCL.)



Commendation for river rescue

Jackson Broome and Lyndon Broome received a commendation from the Deep River Police Service on Tuesday for their heroism during an incident which took place along the Ottawa River on May 19, in which a person in a canoe overturned and was in distress in the water.

Police, paramedics and firefighters could see the canoe from the marina but had no means of getting to it. Fortunately, Jackson and Lyndon were close by and had a small aluminum boat with a motor, and they were able to go out into the river and pull the male youth, who had been in the water for some

time, into their boat, and bring him back to shore. The canoe's occupant was subsequently taken to Deep River and District Hospital, where he was treated for hypothermia.

Police note Jackson and Lyndon were in the right place at the right time, and likely saved the youth's life, especially seeing as how he wasn't wearing a life jacket.

In the photo are, from left to right, Fire Captain Scott Morphy, Jackson Broome, Lyndon Broome and Acting Deep River Police Chief Andrew Gagne.

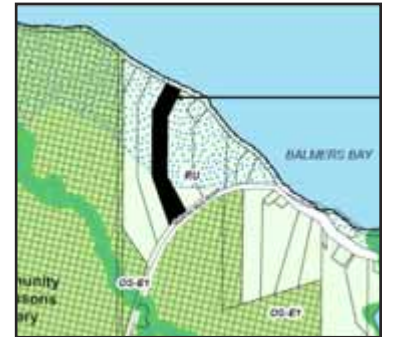
Photo: Vance Gutzman

QUOTEWORTHY:

While we all value and cherish our small-town vibe, we simply can't be stagnant or complacent.

- Mayor D'Eon, page 2

INSIDE:



FSC SETTLES EAST END LAND ISSUE



LOCAL RIDER TAKES TUSCANY TRAIL



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NORTH RENFREW TIMES

VOL. 73, No. 22

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PLEASE RECYCLE

Slow start to local election season

BY VANCE GUTZMAN

With voters heading to the polls in municipal elections this coming fall, a number of candidates in area municipalities have already thrown their hats in the ring.

Head, Clara and Maria (HCM) Councillor Rachel Richer (photo, right) has filed her nomination papers to become mayor of that municipality, a position currently held by Debbi Grills.

“My priorities will be focused on strengthening the sense of community that makes our community special, and fostering greater collaboration among residents, council and local organizations,” Richer tells the NRT.

“I want to identify opportunities which create mutual benefit for both individual residents and the community as a whole.

“I’m also committed to helping residents better understand the relationship between our population, the cost of mu-

nicipal services, and the decisions required to maintain long-term financial sustainability.

“Most importantly, I look forward to listening, learning and working together with everyone in a spirit of mutual respect and support as we shape the future of Head, Clara and Maria.”

Incumbent HCM Councillor Chris Dowser has also filed his nomination papers for re-election, while Josee Lachance has filed papers seeking a first term on council.

Just down the road in Laurentian Hills, incumbent Mayor Anne Giardini, who has served on council since 2003, has filed nomination papers seeking a second



term as mayor.

Also on the list of people who have filed nomination papers in that municipality are incumbent councillors Bruce Boucher and Brenda Blimkie, each seeking re-election in those same positions.

Blimkie also presently holds the post of deputy mayor in Laurentian Hills – a position which is voted on by council at the beginning of each term.

In Deep River, just two candidates have filed for re-election - Mayor Sue D’Eon and Councillor Will Fitton.

Candidates have until 2 pm Friday, August 21 to file their nomination papers.

Election day is Monday, October 26.

D’Eon seeks third term as mayor

BY VANCE GUTZMAN

Deep River Mayor Sue D’Eon is seeking a third term in office as head of council.

D’Eon first ran for election in 2018, laying down three goals at that time (open government, infrastructure, and community) and feels council has made great strides in all three of those areas.

“I’m pleased to report that the amount of time Deep River council has gone into closed session over the last seven years has declined dramatically,” she says of her focus on open government.

“While there are still very appropriate and legal reasons to go into closed session, we have reduced the frequency by at least 50 percent.”

D’Eon goes on to say that Deep River is ahead of its municipal peers in terms of access to open government.

“We continue to record and telecast all our council meetings for citizens to watch at their leisure,” she says.

“All of our council agendas and related reports, documents and financials are available on our website.

“Are we perfect? Absolutely not, but we will always continue to improve our best practices for governing, going for-

ward.”

D’Eon says the town has also made great strides on improving municipal infrastructure, while keeping residential tax increases below the rate of inflation, thanks mainly to having successfully lobbied AECL and the Municipal Property Assessment Corporation for higher valuations on buildings at Chalk River Labs, increasing the payments in lieu of taxes the town receives from that Crown corporation.

“We have refurbished our water tower, and even won a provincial public works award for our work on it,” she says, citing an example of infrastructure improvements.

“We have lined or replaced several areas of water and sewer lines. We have freed up substantial capacity at our sewage treatment plant by tackling groundwater inflow and plant re-rating and postponing, likely by a decade, the need for an expensive expansion, contrary to what some people had called



for.”

D’Eon also points to the “thousands of metres” of roads in town which have been rebuilt or resurfaced during her tenure as mayor, with more road-work projects on the agenda this year.

Other infrastructure projects cited by the mayor include the extensive rehabilitation work at the community pool and the work currently under-

way to replace the refrigerant system at the arena, along with the fact several small playgrounds are on the list to have their equipment upgraded this year.

D’Eon says the town is also moving full steam ahead to attract residential developers.

“While we all value and cherish our small-town vibe, we simply can’t be stagnant or complacent. We absolutely do need to expand the inventory and variety of housing options available, in order to attract more individuals and families to town,” she says.

> CONTINUED ON PAGE 7



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Swisha moves forward on “remote” status

BY VANCE GUTZMAN

The dream of obtaining “remote status” for Rapides des Joachims is one step closer to becoming a reality.

MRC Pontiac recently passed a resolution supporting the municipality’s request to be recognized by the province of Quebec as a remote and isolated community.

Rapides des Joachims Mayor Roger Lafond campaigned on securing that designation during last fall’s municipal election.

He told the NRT after being elected that official recognition would entitle the municipality to increased funding from the provincial government.

It would also help the municipality in its quest for a policing agreement with

either the Ontario Provincial Police or the Deep River Police Service.

As things stand now, neighbouring police services in Ontario can respond to urgent situations in Rapides des Joachims, but can only act there in a limited capacity until officers from the Surete du Quebec arrive on scene from Campbell’s Bay, which is 90 minutes away on a good day.

Mayor Lafond says Rapides des Joachims council is planning to hold a public meeting soon to allow residents of the village to vote on the municipality’s application for remote status.

Each council member has currently been tasked with reaching out to various provincial government ministries, seeking information as to how remote status would impact the municipality

on a number of fronts, including healthcare and taxation.

“Once we have that information, we will be addressing the public,” Lafond says.

“This is going to be big for us. People have been trying to do this for 30 years in Swisha.”

The need for quicker policing response times was highlighted by a recent incident over the May long weekend in which a woman apparently took a logging truck on a rampage around the village, hitting the fence surrounding the graveyard there and tearing up some ditches.

The Pontiac Journal reports that the incident was initially reported as a vehicle theft.

According to SQ spokesperson Sgt.

Marc Tessier, dispatchers received a call around 1:30 pm on May 16 reporting a logging truck being driven recklessly through the village.

Although the vehicle was initially reported stolen by its Ontario-based owner, the subsequent investigation determined otherwise.

When officers located the truck abandoned near Rue de l’Église, they identified the driver as a local woman in her 20s who was known to the owner.

“The truck was not stolen,” Tessier told the Journal, noting the case does not involve a random theft.

Because the matter qualifies as a summary offence, no arrest was made. Police are preparing a report for Crown prosecutors, who will determine whether charges will be laid.

Petawawa bids farewell to base commander

BY HAZEL ATKINS,
LOCAL JOURNALISM INITIATIVE REPORTER

Petawawa council paid farewell to Colonel Sean Trenholm, 4th Canadian Division Support Group Commander at the regular council meeting on June 8.

At the same time, they welcomed new Petawawa Base Commander and 4th Cana-

dian Division Support Group, Colonel Keven Larocque.

“We take our duty as host community for Garrison Petawawa very seriously,” said Mayor Gary Serviss.

Trenholm gave a short report before making his farewell.

“The past 12 months have been extremely busy on the Garrison,” he said. “As

you’ve seen, there’s been lots of roadwork, constructions, new developments, new housing developments.”

“I appreciate the patience the town has shown. I want to thank the town for the support they have always shown to our military families,” he added.

> CONTINUED ON PAGE 7



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Council to review “frivolous, vexatious” policy

BY VANCE GUTZMAN

People wishing to file a complaint against the town of Deep River will have to ante up some money to do so.

The municipality is looking at bringing in an application fee of \$350 for code of conduct and conflict of interest complaints.

Fifty percent of that fee will be reimbursed if the complaint is found to have partial merit, and the fee will be fully reimbursed for a finding of full merit.

If no violation is found, the complainant will forfeit the entire filing fee.

The fee structure is contained in the revised “frivolous, vexatious or unreasonable requests” policy, which has been on town council’s plate for some time.

A draft policy was first presented to council last fall, which would place restrictions on the way the town deals with complaints by residents if those complaints are deemed to be frivolous, vexatious or unreasonable.

Council kick-started development of the policy in 2024, after it asked staff to

prepare a report on all costs related to responding to legislated complaint processes over the last 10 years.

The report included costs related to the town’s integrity commissioner, Ontario’s Ombudsman, Freedom of Information requests and other bodies that have a legislated complaint process to which the municipality must adhere.

It also asked for the report to detail all revenues related to those requests, and to include any potential mitigation strategies that would minimize legal and staff time, costs and resources to respond.

That report, when completed, showed the town dealt with 37 applications related to legislated complaint processes over the last 10 years, costing the municipality an estimated \$325,000.

That figure was broken down into \$195,000 for legal costs and \$130,000 for the 2,000 hours of staff time in dealing with the applications.

Revenues associated with the requests totalled \$7,500.

Of the 37 applications, meanwhile,

just two were found to have any merit. The staff time spent dealing with them was 10 hours and there were no legal fees incurred.

The report also noted that, of the 37 applications, approximately half of them came from “one source.”

The draft policy was put on hold last fall in light of the fact that provincial legislation had been introduced which proposed significant changes to things like municipal codes of conduct and the process around integrity commissioners.

Council put the brakes on the policy to ensure it had the ability to review programs in other municipalities and to ensure that anticipated changes to provincial legislation would be captured in the policy.

It also, however, set a deadline of this year for the policy to be implemented. With municipal elections slated for this fall, council didn’t want to leave the issue for the next council to deal with.

A report on this week’s council agenda states that a review of the provincial legislation shows that, while

it does impact the town’s code of conduct bylaw, the changes by the province don’t directly assist municipalities in mitigating frivolous, vexatious, unreasonable requests and complaints.

In light of that, the policy on the table this week contains wording which will provide a guideline for identifying frivolous, vexatious and unreasonable requests.

The policy also establishes a clear and consistent process for handling those type of requests, along with associated mitigating actions.

Town staff, meanwhile, have reached out to other municipalities in Ontario to ask if they had implemented similar policies.

Of the responses received, four municipalities had indeed implemented such policies over the course of the last year, while two municipalities had updated their policies.

Twenty municipalities indicated they are considering similar policies, and have requested a copy of Deep River’s draft policy to aid them in those efforts.

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Town Hall:

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Council Meetings

Council meetings can be live streamed, or viewed later on the "Corporation of the Town of Deep River" YouTube channel. Archived Council Meeting videos <https://www.deepriver.ca/council/council-meeting-videos/> Council Meeting Agendas and Minutes <https://deepriver.civicweb.net/Portal/MeetingTypeList.aspx>

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June

Sun	Mon	Tue	Wed	Thu	Fri	Sat
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

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Deep River Community Pool

SUMMER SWIMMING LESSONS 2026

At the Deep River Community Pool
Online registration will open at 7:00 am on Wed June 17, 2026
<https://app.univerusrec.com/deepriverpub>
For those unable to register online, in person registration is available at Community Pool 9:00 am -1:30 pm, Wednesday June 17, 2026

Deep River Recreation Department

Deep River Marina

The Deep River Marina boat launch and slips are now open. Staff are continuing preparations to open fuel services and additional marina amenities in the coming days. Only seasonal slip users are permitted on the docks, fishing is not permitted.

Seasonal Marina Launching Passes

Seasonal Marina Launching Passes are available for purchase at the Town Hall. Price: \$110.00

Deep River Triathlon

The Deep River Triathlon is on Sunday, August 2. There are four divisions to enroll in:

- Individual
- Team
- Sprint Individual
- Sprint Team

For more information, please check our website under the Recreation & Culture tab.

Summer Camps

We still have room in sessions of our Sports Camp and Playgrounds Camp. For more information or to register please contact: summeradmin@deepriver.ca

Seniors Corner

Upcoming FREE 55+ Senior Programs

All programs listed below are free for seniors aged 55+ in Deep River, Laurentian Hills, and Head, Clara and Maria with funding provided by the Government of Ontario. All programs listed must be registered in advance of attending unless otherwise stated. Any questions about the below programs can be directed to SALC@deepriver.ca

Check out our "Seniors Corner" page on the Town of Deep River website for regular updates. Visit www.deepriver.ca click "Residents" and select "Seniors Corner" from the drop-down list. You will see all current programs with descriptions.

Rhythm Fit Wednesdays, June 10, 17, and 24 from 10:45-11:45am - Join Natalie for a seated cardio drumming workout that can be easily modified based on your fitness level. No experience necessary, all are welcome!

On-the-Road Bicycle Safety Friday, June 12 from 10am-12pm - Join Officer Brela for a practical bike safety refresher. We'll start with a short indoor discussion, followed by on-the-road practice, complete with a snack break at The Hexagon!

Trail Safety - Open to all ages! Thursday, June 18 from 4-5pm - Do you know the number one thing to bring with you on a trail walk? Come find out on this short nature walk with Officer Brela, and learn practical tips on how to stay safe on the trails.

Drop-in Coffee & Cards Monday, June 22 from 2:30-4pm - Whether you're an avid card player or looking to learn, come join this casual cards and games drop-in, hosted in the Deep River Library programming room.

Watercolour Painting Workshop Tuesday, June 23 from 10-11:30am - Come try your hand at watercolours with this guided painting workshop. No experience required, materials provided.

Summer Basket Floral Workshop Monday, June 29 from 10-11:30am - Join the floral experts at re.Planted in creating a summer basket centerpiece. No experience required, all materials provided.

Hydrant Flushing - Extended

Until June 26th, in the EAST END of Town.

If you experience discoloured water, please run your cold-water taps only. Please DO NOT use your hot water until you have clear running water again.

We apologize for any inconvenience this may cause and appreciate your patience as we complete this important maintenance work. If you have any questions, please contact the Public Works Department at 613-584-2000 ext 127.

June is Recreation & Parks Month!

Please see our Recreational Swim Schedule for all scheduled swims. For further information, full June calendar and for location details please visit our website at www.deepriver.ca/departments/recreation/ or contact cThorpe@deepriver.ca

Wed, June 10	9:30-10:15am Aqua Fit (Free) 10:45- 11:45am Rhythm Fit for 55+ (Free), registration required 2:00pm Spring Baby Time
Thurs, June 11	5:00pm Family Art Club- Library *NEW*6:30-7:30pm Toonie Swim 7:35- 8:35pm Lane Swim (Free) Evening Learn to Bowl at DR Lawn Bowling Club- Contact for details: Arthur4162@gmail.com
Fri, June 12	10am Bicycle Safety for 55+ (Free), registration required 1:30pm Knit Together *NEW* 3:00-4:30pm 5\$ Teen Swim 7:30pm Social Lawn Bowling- DR Lawn Bowling Club \$10
Sat, June 13	10:00-12:30pm Deep River's Farmer's Market 12:30pm Downtown Summer Music Series 11:00- 3:00pm Deep River Community Carnival at the CEC
Sun, June 14	9:30am POP UP in the Park with Lesley from Baila Studio (Centennial Rock)
Mon, June 15	7:30pm - 8:15pm Aqua Fit (Free)
Thurs, June 16	10:00- 11:00am Toddler + Leisure Swim (Regular admission) *NEW* 11:30am Spring Story Time- Library 6:30pm-8:30pm Culture Connect Movie Night Library 7:35- 8:35pm Lane Swim (Free)
Wed, June 17	10:00am- 2:30pm Pop Up with Francesca from Immigrant Settlement Services 10:45- 11:45am Rhythm Fit for 55+ (Free) Registration Required

Deep River Public Library

Mon, Wed & Fri: 10am – 5:30pm
Sat: 10am – 3pm Tues & Thurs: 10am – 8pm
info@deepriverlibrary.ca 613-584-4244

Community Memory Vault: Birdwatching – Do you have any memories or family stories about birds or birdwatching in Deep River & Area? Please share them with us!

Summer Reading Club Registration opens Wednesday, June 10th! Check out our website and contact us to sign up for summer fun at the library. Kick off party, Thursday July 2nd from 4-6pm!

Family Art Club: Thursday, June 11th at 5pm. Geared towards kiddos 3+ and their grownup of choice, but open to all. Free, drop-in to craft with us while supplies last!

Knit Together: Friday, June 12th and 26th at 1:30pm. All welcome to bring your project and visit in the lounge area.

Homeschool Open House: June 10th at 3pm. Join us for a tour and chat while we get to know you and your homeschooling needs in the Deep River community.

Culture Connect Movie Night: June 16th at 6:30pm. 'Monsieur Lazhar', a movie about a recent immigrant from Algeria who takes over a Canadian classroom after a teacher's tragic death. Content warning: mentions of suicide. This free event is brought to you with Local Immigration Partnership: Renfrew & Lanark as part of Culture Connect. Celebrate stories from around the world!

Pop-up: Francesca from Immigrant Settlement Services: Wed, June 17th from 10am – 2:30pm. New to Canada? Looking for support as you settle into Deep River and area? Drop in to chat with Francesca, Settlement Services Worker, and learn more.

D'Eon seeks third term

CONTINUED FROM PAGE 3

“More residential housing across the spectrum has the coincidental benefit of distributing the cost burden of our core infrastructure across more users, which helps mitigate water and sewer rate increases.”

The mayor notes there's a complex network of provincial planning regulations and federal incentives which, combined with private investment, makes sense to developers.

“Experienced leadership will matter, and I feel I have a lot to offer, with my background and experience in municipal planning, and knowledge of the community,” D'Eon says.

Downtown revitalization, meanwhile, is something the mayor is also passionate about.

DOWNTOWN VISION

“I would love to see us lean-in to promote our uniquely accessible downtown triangle, through improving its aesthetics, and supporting commercial growth and viability,” she says, noting with pride that town council is expanding its Community Improvement Plan from the downtown core to the entire municipality.

Sticking with the downtown core, D'Eon says she would like to see the community develop a vision and funding strategy for the community centre.

“I believe one would be hard-pressed to find a better location in Ontario for a community centre, and our

challenge is how to take best advantage of funding opportunities and its breath-taking location,” she says.

Emergency services are also top of mind for the incumbent mayor, who says the town continues to realize cost savings from the transition to a composite fire department.

“We are all very proud of the skill, dedication and bravery of our fire department, and their support for this transition,” D'Eon says.

She also has praise for the efforts of the Deep River Police Service, noting that maintaining a municipal police service does come with financial and operational challenges.

“I will continue to do everything in my power to ensure the sustainability and success of our local police service,” she says.

D'Eon would like to see the next council focus on the third priority she laid down back in 2018, that of community.

“Community is a combination of infrastructure, programming and people. Many things happen in the community, not because of the town, but because of the people,” she says, adding the municipality's new recreation and culture master plan recognizes that, and will inform strategic direction to council and staff going forward.

D'Eon also believes communication is key.

“Throughout my tenure, the communication channels have been open, and people have approached me with their thoughts, comments and questions, both formally and informally,” she says.

“Council and I value residents' input, and it is an important part of how we make decisions, always striving to benefit our community.”

Petawawa bids farewell

CONTINUED FROM PAGE 4

“It's been exemplary. In my experiences across the country I've never felt anything like I've experienced here in Petawawa.”

Trenholm gave a few brief updates about garrison activity.

“The operational tempo hasn't slowed,” he said. “There have been

two rotations in Latvia for Operation Reassurance.”

In addition, he explained that they have been “increasing security on the garrison.”

“This is not to stop people from entering but just to become better aware of who's coming onto the Garrison.”

He assured the council that the garrison is open for business to people from the town as much as ever.

“You've been nothing but welcoming to me. Petawawa is like home to me. If there was one place I'd tell anyone in the army to go to, it would be Petawawa,” he concluded.

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OPINION

NORTH RENFREW TIMES

Published by
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Publications Mail Agt No. 0040010302

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Our future is our shared project

Former Supreme Court justice and UN high commissioner for human rights Louise Arbour was sworn in Monday as the 31st Governor General of Canada. The following are portions of her installation speech.

Dear Canadians.

I am deeply honoured to stand before you here today. These halls were built on the traditional territory of the Algonquin Anishinaabeg Nation, a proud people who have cared for these lands and enriched them with their culture for millennia...

My work, both as a judge and in service to the international community, (has) exposed me to a wide range of perspectives. The same is true of the privilege I had of living abroad and working in countries that are vastly different from Canada.

I have seen regions ravaged by war and poverty, where people, like all of us, yearn to live with dignity, in peace and security.

I have always been struck by the fact that, after all, everything is a matter of perspective.

I remember standing outside the United Nations headquarters in New York in the 1990s, confronted with my own biases. I came across a group of Chinese tourists and asked a young woman about her impressions of the city. She replied: "It is so old!" I was surprised.

Then I realized I had been projecting a story onto her, imagining her as coming from a civilization of centuries-old splendour, gazing out at a vibrant city in a younger country. In reality, she was more likely born in futuristic Shenzhen or Shanghai, glittering metropolises of glass towers.

There I was, looking at New York, looking at her, and making assumptions. Perspective is everything.

I look at Canada through the eyes of someone who has known it both up close and from afar, always with admiration. A country that is not afraid to reinvent itself.

Our future is our shared project, a project that calls on us to balance the many perspectives that shape our collective identity.

We do not all share the same understanding of our history.

Nor do we all share the same origins. We, or our ancestors, come from all over the world.

Peoples have always travelled. I am thinking in particular of Inuit families, who have always traversed the vast expanse of the Arctic.

> CONTINUED ON PAGE 10



What lurks in the deeps? (taken from the waterfront pathway)

Photo: Alison Chiasson

LETTER TO THE EDITOR

Floored by highway wait

I am not easy to astonish, but I was floored to learn that there will likely be no work on extending the four lanes on Highway 17 from Arnprior to Renfrew until a decade from now ("No work on Hwy 17 until 2035?" NRT June 3).

At the same time, MPP Billy Denault claims that this remains one of his "top priorities." I would hate to see his timeline if it was not a priority.

The lengthy wait is attributed, among other things (it's hard to decipher all the bafflegab) to the need to the need for third parties to work on designs and to consult with Indigenous peoples, which sounds like a smoke screen to me.

I have to assume that MPP Denault knew about the need for the expanded highway for years. And, if this is the case, why has all this groundwork not already been undertaken?

And, if you are like me, you are exposed to constant TV and print ads about how the Ontario government is streamlining processes and eliminating red tape to move our economy ahead.

If a nine-year wait for what amounts to a few kilometres of road represents streamlining, then I give up.

I remember a couple of elections ago that the slogan for the Ford campaign was something to the effect that "only Doug will get it done."

Maybe so, but with the exception of people living in ridings that will elect Tories no matter what is thrown at them.

Kerry Badgley



“For every Alphonso Davies there are dozens of kids whose potential quietly disappeared”

DEEP RIVER NATIVE, BUILDER OF YOUTH SPORT CALLS FOR “CLOSING THAT GAP” AHEAD OF THE WORLD CUP

BY CURTIS GILLESPIE, BE GIANT

It was a coin flip, an actual coin flip, that put Tim Adams on the road to becoming one of the country’s great builders of youth sport.

The son of a nuclear engineer, he was raised in Deep River, Ont, and couldn’t decide between a teaching career and journalism.

The coin flip sent him to Carleton University for journalism, after which he was off to work as a reporter and producer for CBC Radio in Edmonton.

In 2006, he was assigned a story on school nutrition in the inner city. After some interviews at McCauley School, Adams shut off his tape recorder and started chatting with the principal about ways he might volunteer.

A keen athlete and soccer player, Adams suggested he might even coach a kids’ soccer team.

The principal smiled and told Adams to turn around and look out the window. What he saw was a bunch of teenagers scrambling around a soccer field, chasing a ball, none of them wearing cleats, all of them pretending they had Brazilian moves, having a

blast.

“Who are those kids?” asked Adams. “Your team,” said the principal.

This moment – one guy wanting to coach some kids – was the start of “Free Footie,” an after-school program that gave kids a chance to play soccer and develop some life skills.

It has grown into “Free Play for Kids” across many other sports, with 150 part-time employees working with thousands of children every year.

And it even touched the life of Alphonso Davies, now perhaps Canada’s best soccer player, after his family emigrated to Edmonton as refugees from Ghana in 2005.

• Q: So it was literally this chance thing, looking at some kids on a school field chasing a ball around, that led to Free Footie. Once you got into it, did you see from the start it was about so much more than sport?

TA: Absolutely. After a while, I started to become a mentor and father figure for a lot of kids.

(There were) single-parent homes, families living in the river valley, kids in gangs, mothers in the sex trade. I got an education pretty quickly.

> CONTINUED ON PAGE 22

We would love your help!

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 - Donate to one of our Funds.
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Questions?

Contact us at info@drdcf.ca



THIS WEEK

WEDNESDAY, JUNE 10

- 8-10:30 am, Coffee Club, Chalk River Lions Hall
- 1 pm, GriefShare support group meets, Real Hope Christian Assembly, Hwy 17 Deep River (until June 17)
- 1:15 pm, Social Bridge, Deep River Library
- 2 pm, Babytime, songs, stories, rhymes, Deep River Library

THURSDAY, JUNE 11

- 10 am, Seniors Friendship Club: Coffee, Tea and Conversation, at the Hexagon, DR Shoreline Sports Club - cancelled
- 12-2 pm, Seniors Friendship Club annual meeting and BBQ, Deep River Legion

FRIDAY, JUNE 12

- 6 pm, Fun Darts, all welcome, Chalk River Legion

SATURDAY, JUNE 13

- 10 am - 12:30 pm, Deep River Farmer’s Market, Deep River town hall parking lot
- 11 am - 3 pm, Community Carnival, with activities, games, music, craft fair, silent auction and petting zoo, Deep River Community Church
- 11 am - 2 pm, Open House, Camp Lau-Ren
- 3 pm, Grand opening of new patio, everyone welcome, DR Legion

SUNDAY, JUNE 14

- 9-11 am, Introduction to Rugby, for girls and boys Grades 8-12, Mackenzie Community School
- 11 am - 3 pm, Shuffleboard, all welcome, Chalk River Legion
- 1 pm, Bingo, Chalk River Lions Hall (doors open 12 pm)
- 1-3 pm, Deep River Horticultural Society: Build your dream planter/ Build & paint birdhouses, Deep River Canadian Tire, Hwy 17
- 2-5 pm, Acoustic open mic, DR Legion
- 4-6 pm, Community Kitchen free meal, everyone welcome, CE Centre (beside DR Community Church)

MONDAY, JUNE 15

- 10 am - 1 pm, Deep River and Area Food Bank open (weekly except holidays), at the Deep River and District Hospital (for more information, phone 584-3333 ext 7910)
- 10:30 am, Baby & Toddler Storytime, Chalk River Legion
- 7 pm, Fun Darts, Deep River Legion
- 7 pm, Al-Anon, group support for families & friends having alcohol addiction, CE Centre (behind DR Community Church)

TUESDAY, JUNE 16

- 10:30 am, Preschool Playtime, Pt. Alexander Library
- 11:30 am, Storytime, Deep River Library

Shared project

CONTINUED FROM PAGE 8

Humanity has always sought to go further, to push the boundaries. And to go higher, as our Canadian astronaut Jeremy Hansen did on his mission into space.

How could anyone be anything other than awestruck by the thought that he set his eyes on places no other human being had ever seen before?

I say this with confidence: let us not slow our momentum toward progress out of fear of differences.

Extreme polarization is dangerous - but so is extreme consensus.

It is through our differences, and our fundamental right to express them, that we will nourish critical thinking, creativity and innovation. It is through our differences that we will build our common future.

As Canadians, we have the extraordinary privilege of living in a mature democracy. We benefit from strong institutions that allow different views to be expressed.

We must continue to protect the public space in which our national debates take place: from schools and universities to the media, political parties, unions and civil society organizations. From theatres, concert halls and museums to courtrooms and the floors of our legislative assemblies.

The peaceful management of our differences is nowhere better expressed than in the Canadian Charter of Rights and Freedoms.

The Charter guarantees that our cherished individual rights are subject only to the reasonable limits necessary for life in a free and peaceful democracy.

This is what it means to live under the rule of law. In an open society like ours, the purpose of law is not to restrain, but to construct a greater freedom for all.

We have a constitutional and cultural framework that allows us to imagine, to explore, to innovate, to experiment.

Our humour is grounded in self-deprecation. We believe in leading as a team. We do not mistake humility for weakness, nor do we measure a person's worth by the thickness of their wallet.

We don't think we are perfect, but we believe we are pretty well on the way there.

We have a remarkable capacity to pause, to examine our failures and to learn from them. When we do, we seek to understand, not just to blame.

And we know we are not yet doing enough - not enough for each other, let alone for the billions around the world who look at us with justifiable envy.

Our country covers nearly 7% of the world's land mass and holds 20% of its freshwater - yet we make up just half a percent of its population.

We have the talent and the resources the world will need most in the decades ahead.

Young Canadians are citizens of the world - they are well educated, with both a deep climate awareness and remarkable digital literacy. Yet not all of them are able to reach their full potential as they face the headwinds of inequality. In that, we are failing them. It is our shared responsibility to correct course.

The better we advance our common project to build a great future for Canada, the greater our influence on the world will be. And for that, our ambition must be bold and sustained.

To help Canada reach its full potential, we must adopt a new perspective - one that is ambitious and confident - on ourselves and our place in the world of tomorrow.

Some of you may have heard the parable of the three stonemasons.

A traveller comes across three stonemasons at work and asks, "What are you doing?"

The first replies, "I'm cutting stones." The second says, "I'm building a wall." The third replies, "I'm building a cathedral."

I know that it can be difficult to feel as though you are part of the ambitious project of building the Canada of tomorrow.

We all get caught up in the busyness of our day-to-day lives: meeting the demands of our children, of our colleagues, grappling with the cost of living.

But the fact remains that each and every one of us, in our own way, is helping to shape what

Canada will become...

As I take on my new role, I am mindful of the privilege given to me to go out and meet with Canadians across this country and to discover the wealth of ideas and ideals that inspire them.

I am preparing myself to be surprised and to confront my own stereotypes and unconscious biases, like that day when a young Chinese woman made me smile when she remarked that everything in New York was old. I can't wait to learn and share with you my thoughts on the joy of discovering others.

And when I am called upon to represent Canada beyond our borders or to welcome foreign dignitaries here at home, it is this diversity of Canadian voices that I intend to showcase.

I hope that each day, I will be able to embody the spirit of empathy that lies at the heart of our great reconciliation project.

Together, we can harness our extraordinary resources, the breadth of our talent, our collective know-how and our boundless imagination.

The world is watching us, not to copy everything we do, but to draw inspiration from a country striving to embrace the future with greater security, prosperity and dignity for all.



Riding the Tuscany Trail

BY HAZEL ATKINS,
LOCAL JOURNALISM INITIATIVE REPORTER

Deep River resident Paul Tonner rode the 450 km Tuscany Trail in central Italy from May 21-25, with a rest day in the middle, learning a new meaning to "gravel roads."

He went at the invitation of his life-long Irish friend Mark, with whom he had lived in Toronto from 1976-80.

Last year, Paul and Mark went on a cycling trip together in Belgium, and Mark mentioned another bike ride, called the Tuscany Trail, and invited Paul to come back.

"It's an unusual bike ride," Paul said. "It's gravel for about 60% of the way, and the rest is quiet asphalt roads. As it turns out, most of the gravel roads are more like cow paths."

The Tuscany Trail is an organized non-racing event for approximately 7,000 riders.

It's an unsupported bike-packing event (meaning most people take tents and backpacks with them, camping along the way), and there is no set time limit for completing the trail.

It winds over 450 km of Tuscany ("We did about 500 km with all the extras to get to the places we stayed," said Paul) and includes about 7,000 metres of climbing.

> CONTINUED ON PAGE 13

THIS WEEK IN HISTORY: COMPLETE BAN ON SMOKING IN COUNCIL CHAMBERS

75 YEARS AGO

JUNE 8, 1951: High on the agenda of items to be done for the benefit of the village is the paving of village streets. Facilities to do this may be available shortly. The cost of such paving today is high, of course, and to assist in defraying the cost, each householder would be asked to contribute approximately \$1 per month which would be added to the rent. Please mark with an "X" your wishes in the appended section of this sheet and place it in your front door for collection.

JUNE 8, 1951: In the first softball game of the season on Tuesday evening, Rolphton defeated Building 100 by a score of 6-5, in a real thriller which saw the 100 team, snappily outfitted in new sweaters, almost pull the game out of the fire in the last two innings. The game was well played despite the fact that the teams had had little practice.

60 YEARS AGO

JUNE 8, 1966: St. Mary's Separate School will not take Grade 10 pupils in the coming school year, the school board decided at a special meeting on Monday. Instead the pupils will attend Mackenzie High School. The chief reason given for discontinuing the class was the fact that there are at present only 11 Grade 10 pupils presently attending St. Mary's. Whether the changes is permanent depends on future boards, the chairman said.

JUNE 8, 1966: The Deep River Blues faced the head again Sunday and defeated the Ottawa Indians by a strong 25-3. Brian Wyatt was the big scorer for Deep River with Stu Hunt following well as centre. Ken Ahronson and Murray Teitlebaum made many fine backfield rushes with "Kit" Coleman playing well as fullback.

50 YEARS AGO

JUNE 9, 1976: The water and sewer committee are at a loss to know what to do, said Councillor Notley at last Wednesday's council meeting. The equipment at the water treatment plant is functioning normally, yet complaints about the taste of the water are constantly being received. Suggestions, he said, would be welcome but he warned



Jim Murphy, Don Smith, Tony Simpson, Dean Hilts (in canoe), Don Fraser and Ivan McWilliam (Bill Patterson absent) lace the gunwales of their canoe, built to travel from Montreal to Moosonee this summer. (NRT June 9, 1976)

that any solution requiring a tighter control on the chemistry would be expensive.

JUNE 9, 1976: This summer, while most of us are watching the Olympics on our TV sets, there will be one group of men from Deep River who will be attempting what, for them, is an Olympian feat. These seven men have built their own canoe, and during July and August, will travel from Ste Anne de Bellevue, just west of Montreal, to Moose Factory on James Bay. Don Smith, Bill Patterson, Dean Hilts, Jim Murphy and Tony Simpson will travel the entire route. Ivan McWilliam and Don Fraser will make up the sixth man, each travelling half the distance.

40 YEARS AGO

JUNE 11, 1986: A complete ban on smoking in Deep River's council chambers was approved by council last Wednesday. Smoking is already banned during council meetings and court proceedings, but now the ban is extended to committee meetings, recesses, driving examinations and all uses of council chambers. "The Lung Association

has won this one," commented Mayor Lyall Smith, a smoker who voted in favour of a complete ban.

JUNE 11, 1986: Town council was unable to include funds for the Deep River Arena lobby extension in its budget, so arena manager Rico Giardini with support of the Replays Hockey Club and other arena user groups is tackling the project. A successful fundraising of \$2,700 (the estimated cost of materials) and a pool of volunteer labour should see the extension done. The Municipal Recreation Committee gave its approval June 3.

30 YEARS AGO

JUNE 12, 1996: They may not have won the provincial title, but the members of the Mackenzie High School girls soccer team proved that they could stand up to one of the varsity game's ultimate tests. Coach Patti Kinghorn told the girls after their final game that they should not minimize their efforts despite failing to make the playoffs. She pointed out that "a little team from Mackenzie" went farther than most other schools could have

hoped.

JUNE 12, 1996: The Community Resource Centre in Chalk River came one step closer to being a reality on the weekend. A sod-turning ceremony on Saturday marked the beginning of construction on the project, which is expected to be completed by the end of August. When finished, the 40x46' structure will boast a nursery school, capable of holding up to 22 children.

20 YEARS AGO

JUNE 14, 2006: The tugboat "Quyon" has berthed at the Schoolhouse Museum. The four-ton, black and white tug was built in Owen Sound in 1956 for the Upper Ottawa River Improvement Company, and spent her working life on the Ottawa River. The Quyon was donated to the Schoolhouse Museum two years ago by Ron Bowes, a long time pilot working out of Rapides des Joachims, and Myro Mykolyschun, a merchant in the Swisha. Moving the boat, which is close to 30 feet long, to the Schoolhouse Museum was made possible thanks to a crew from Ontario Power Generation at Rolphton.

DRDH BRIEFS

Board holds community partners meeting

• The Deep River & District Health board of directors held its bi-annual community health partners meeting in April, bringing together partners from agencies across DRDH’s catchment area that support community health and well-being.

The meeting was attended by municipal officials, community groups and agencies.

Discussions focused on upcoming medical recruitment efforts, future programming and community needs, as well as the need for affordable housing, daycare and primary care.

A collaborative medical recruitment approach that involved municipal and community support was explored, as the need for physicians continues to be a pressing one for the community.

• The board received a report from the nominating committee, sharing that applications for the board of directors are being reviewed and interviews scheduled over the coming weeks.

The committee chair also confirmed that discussion with current patients and residents representatives were concluded and vacancies for those roles have been also identified.

The board discussed the diversity composition of the board with respect to the new hires to ensure that the board reflects the community that the organization serves.

• The chief of staff, Dr. Ben Amor, reported that emergency department and in-patient medical unit occupancy rates are comparable to previous month and staffing is also consistent with no known risks or deficiencies.

The physician recruitment efforts are ongoing, and the team attended a recruitment event in Quebec in April utilizing the new EVP video clip to support the recruitment activities. DRDH also hosted another Education Day with medical learners and rural physician rotation is planned for summer and fall.

CAPITAL DEVELOPMENT

• The board received updates on the long-term care capital development project.

Construction activities continue, with work progressing on interior framing and exterior siding installation. Drywall work has begun inside.

Planning for occupancy and operationalization with the DRDH internal team continues.

A selection of team members visited the Global furniture showroom in Toronto, to review resident, administrative and general home furniture selections. Ongoing selections will continue with team members and residents over the coming weeks.

Work is underway to plan for resident move-in, with development of move-in and assessment schedules to cover the admission period occurring.

Development of job descriptions and orientation materials for current and new positions is underway, with the goal to finalize this in May for inclusion in the first LTC occupancy plan submission, no later than July 31.

HEALTH CAMPUS UPDATES

• Phase one of the emergency department modernization renovations continues, encompassing re-design of registration, expansion of the waiting room and flooring replacement for the waiting room and hallways.

Flooring replacement planning is underway between DRDH and the contractor to ensure operational pathways are maintained during replacement.

• A joint “Code White – Violent Person” mock exercise was held on April 20, in collaboration with the Deep River Police department.

The exercise involved collaborative response planning, alignment of expectations and review of DRDH policy. The goal was to build joint capabilities, improve communication and foster collaboration.

• An opportunity to participate in upcoming cohorts of the Humber College Learn and Earn PSW program was shared with staff.

The program supports existing staff in LTC to bridge learning and experience to gain certification as a Personal Support Worker through online learning and clinical placements at their place of work.

Employees are granted educational leaves of absences and receive financial support from the provincial program to ensure continuity of wages while they are learning.

To date, four DRDH employees have successfully completed the program gaining PSW certification.

LONG-TERM CARE

• The Four Seasons Lodge received an unannounced inspection visit from the Ministry of Long-Term Care (MLTC) compliance inspectors, conducted on site from April 21-28.

The visit included a focused compliance inspection as part of the safe and secure home protocol, focused on generators.

The results of the inspection reported no findings of non-compliance and was included in the board’s meeting package for reference.

MEDICAL UNIT

• The medical inpatient unit nutrition cart program has been relaunched. For the first time since the pandemic, volunteers will once again be providing snacks and beverages to patients in the mid-afternoon.

This support additionally provides critical social support and interaction for patients, as well as much needed hydration and nutritional support.

NURSING

• Clinical Scholar positions have been extended into the 2026-27 fiscal year, in alignment with the renewed funding from Ontario Health.

These roles are both currently part-time, and filled by an RN and RPN to offer a diverse range and focus of clinical skills to support “at the elbow” direct clinical education for team members.

REGIONAL PARTNERS

• A refreshed IT service agreement has been executed with North Renfrew Long Term Care Centre (NRLTCC), for a period of three years with the possibility of extension for an additional two years.

The agreement better reflects the realities of service delivery, and the time spent by DRDH IT staff supporting IT services at NRLTCC.

• A health campus partner information package has been completed, sharing key information and expectations for all those partner organizations operating on campus.

The information package will be updated and provided to all onsite partners annually.

In addition, the organization’s meeting space booking policy has been updated and included in the package, to outline principles, payment and agreement for use of public meeting space on campus.

SAFETY

• Following the receipt of notice of discontinuation of service for the online translation service Voyce, the organization has pivoted to a new service to ensure continued access to translation services.

Lingotech is an Ottawa-based company that offers enhanced services including several indigenous languages and the ability to book appointments with a translator, a key improvement to foster shared decision making particularly in discharge and long-term care planning.

**North Renfrew
Long-Term
Care Services Inc.** 

33rd Annual General Meeting
7pm, June 17, 2026
at 47 Ridge Rd, Deep River

Highlights:

- Guest Speakers – Anne-Marie Bouthillette and Erin Bignell from the Ontario Caregiver Organization
- 2025 Audited Financial Statements
- Approval of Amended Bylaws
- Approval of 2026-2031 Strategic Plan
- Election of Board Members
- Confirmation of Appointed Board Members

Everyone Welcome!
Refreshments will be served.
For more information, call 613-584-1900.

Riding the Tuscany Trail

CONTINUED FROM PAGE 10

“Mark is 76 years old,” Paul said. “He’s a cycling machine.”

Two other Irish friends from Derry, Ireland, joined them: Bob and Joe. “I was the least fit of us all,” said Paul.

On May 20 they arrived at the start area and became acquainted with their rental bikes. They rented gravel bikes, which “look like road bikes but with thicker tires,” Paul explained.

The bikes were sturdy and suited them well. On May 21 they started their ride.

“The first thing is to go more or less straight uphill for about 10 km,” said Paul.

“Mark was ahead of us, and the rest of us were puffing along, starting to feel pretty anxious about the rest of this ride, when we saw someone broken down at the side of the road.”

Mark called out to ask if everything was OK, and the rider said he had just broken his only spare chain link.

“Mark pulled over and helped him, and gave him a link,” said Paul. “That seemed like a lesson to the rest of us. Mark’s the most athletic of us all, and here he is stopping to help and paying attention to other people.”

“It really struck me. It seemed to set the tone for our whole ride: we’re all in this together.”

WAKE-UP CALL

Paul had thought that the gravel roads would be a bit like Balmer’s Bay Road. He couldn’t have been more wrong.

They were basically mountain bike trails, with many twists, turns, and wash-outs. It was bumpy, shaky, and very hard going.

Paul came off his bike on Day 1 at a place where the trail was washed out, and right behind him Bob came off as well.

“Neither of us was hurt,” Paul said, but it was a bit of a wake-up call. The gravel in Tuscany is white, “and the dust is white too,” said Paul.

“We were all breathing in this white dust all day.”

They reached their accommodation for Day 1. They had decided not to camp, and Mark had arranged places

for them to stay: “Usually about 10 km off the trail and uphill both ways, it seemed,” Paul said.

“We were all ok on the first day except one of us got leg cramps,” said Paul.

“But we had a bit of a discussion that night over supper about whether we should adopt a Plan B. We couldn’t figure out what the Plan B should be, though.”

Paul rose early the next morning and watched the sunrise over the Tuscan hills (“everything looks like a giant garden”).

“The first thing is to go more or less straight uphill for about 10 km”

His phone had all the maps on it and he discovered that where there were gravel trails there was almost always an asphalt road close by, available as a bypass.

“Bob and I decided that would be our solution,” he said.

So on Day 2, Bob and Paul took to the asphalt roads and avoided the gravel. Mark and Joe stayed on the gravel trails.

“When Joe came into Sienna at the end of the day, he was all white. He was covered in the white dust but a lot of it went into his lungs as well, and he got quite ill. He was coughing all night and didn’t eat any supper.”

The next day was their rest day in Sienna, and Joe tried to recover. He didn’t seem to be doing too well, and started considering taking a train and packing it in.

“He ultimately decided to take a train part of the way and then hop onto the asphalt roads with me and Bob and go the rest of the way off the gravel,” Paul said.

Mark stuck to the gravel on Day 3, but even he moved onto the asphalt for part of their final day.

“We all ended on some gravel at the finish, though,” said Paul.

Good weather, good food, good company, and good spirits accompanied them the whole way.

“I’d definitely do it again,” Paul said. “It’s so beautiful.”

He’s not going to take up mountain biking, however.



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DRDH releases video to highlight people, culture

Deep River and District Health is sharing the story of its people, culture, and commitment to the future as the organization continues to expand services and strengthen care for the communities it serves.

Over the past several years, DRDH has experienced significant growth and transformation.

From the development of a new primary care building and the construction of a new 96-bed Four Sea-

sons Lodge long-term care home, to the planned expansion of community-based services and the future development of hospice care, DRDH continues to build on its role as a modern, integrated health campus serving the Upper Ottawa Valley.

At the centre of that growth is a dedicated team of professionals, physicians, volunteers, learners, and partners who are committed to ensuring patients, resi-

dents, clients, and families feel secure, comfortable, and well cared for.

“Everything we are building for the future starts with our people,” says Janna Hotson, president and CEO of Deep River and District Health.

“We have an exceptional team that brings compassion, expertise, innovation, and a deep commitment to service every day.

“As our organization continues to grow, we remain focused on creating an environment where people feel supported, valued, and empowered to make a difference.”

As part of this celebration, the organization is releasing a new feature video, “DRDH: Where Every Person Matters.”

Developed in partnership with team members from across the organization, the video shares the voices and experiences of those who live the DRDH mission every day and highlights the culture, values, and sense of purpose that define the organization.

COLLABORATIVE SPIRIT

The video showcases the collaborative spirit that exists across the health campus, where acute care, long-term care, primary care, and community services work together to provide seamless, people-centred care.

It also highlights the opportunities available to those looking to build meaningful careers in a progressive health care environment while enjoying the benefits of life in the Deep River region.

Over the past year, DRDH has worked with team members from across the organization to create a growing library of videos and stories that showcase the people behind the care.

Representing both clinical and non-clinical roles, these stories celebrate the passion, expertise, and dedication that team members bring to their work every day.

The release of “DRDH: Where Every Person Matters” marks the next chapter in this ongoing series, with additional videos and employee stories planned in the months ahead.


The initiative builds on extensive engagement with team members who shared what they value most about working at DRDH and what makes the organization unique.

Their feedback helped shape a renewed focus on professional development, workplace culture, leadership, wellness, and creating opportunities for people to learn, grow, and thrive.

The video concludes with a simple message that reflects the collective impact of every member of the organization: “We Are DRDH.”

“This is an exciting time for our organization,” added Hotson.

“We are growing, evolving, and expanding what we can offer our community. None of that would be possible without the incredible people who choose to work, learn, volunteer, and build their careers here.”



PUBLIC NOTICE

OF

ANNUAL MEETING OF MEMBERS


Notice is hereby given that the Annual Meeting of Members of Deep River and District Health will be held on **June 23rd, 2026** at Primary Care Building, Front Meeting Rooms, Deep River and District Health, 117 Banting Drive, Deep River, ON K0J 1P0.

The 634th Board meeting of the outgoing Board of Directors of 2025/2026 will precede the Annual meeting and the 635th Board meeting of the incoming Board of 2026/2027 will follow the Annual meeting with the anticipated schedule as follows:


5:15PM – 6:00PM	Welcome
6:00PM – 7:00PM	634th Board of Directors meeting
7:00PM – 7:15PM	Break
7:15PM – 8:00PM	Annual Meeting of Members
8:00PM – 8:30PM	635th Board of Directors meeting

THE PURPOSE OF THIS ANNUAL MEETING IS TO:

1. Present Annual reports:
 - a. 2025/2026 DRDH Annual report
 - b. The Chair on behalf of the Board of Directors,
 - c. The President and CEO,
 - d. Hospital Chief of Staff,
 - e. Long Term Care Medical Director
 - f. Family Health Team Lead Physician
2. Receive the Audited Financial Statements for period ending: March 31, 2026,
3. Appoint the DRDH Auditor for fiscal year 2026/2027,
4. Elect 2026/2027 Board of Directors,
5. Conduct any other business.



RSVP REQUIRED by end of day June 15th at assistance@drdh.org



Dated at Deep River, ON this 1st day of June 2026

Deep River Legion to hold grand opening for patio area

The Deep River Legion Branch 436 invites members of the community to attend the grand opening and ribbon cutting ceremony for its newly completed outdoor patio space this Saturday, June 13.

The celebration will include a BBQ, live music, and an official ribbon cutting ceremony.

The event recognizes the completion of the new gathering space made possible through support from the Ontario Trillium Foundation.

Legion representatives will speak about the importance of the new patio space and the positive impact it will have for members, guests, and the broader community.

The event begins Saturday with live music at 3 pm, the ribbon cutting ceremony at 4 pm, and a dinner from 4:30-6 pm.

Rain date for the event is Saturday, June 20. Everyone is welcome to join the celebration at

Royal Canadian Legion Branch 436, 50 McElligott Dr, Deep River.

LODGE TO HOST ALGONQUIN ELDERS CONFERENCE

The Circle of Turtle Lodge is partnering with the waterfront campus of Algonquin College in Pembroke to host its first annual Algonquin Elders conference on Indigenous Day weekend in 2026.

Algonquin Elders Patrick Aird and Aimee Bailey, and Knowledge Keeper Sherry Dion, all citizens of the Algonquins of Pikwakanagan First Nation, will share their understandings of traditional teachings, ceremony, and insights from Friday, June 19, until Sunday, June 21.

The usual Indigenous Day celebrations will follow at the Pembroke marina on Sunday afternoon.

> CONTINUED ON PAGE 25

Join Us For
DEEP RIVER COMMUNITY CHURCH'S 80TH ANNIVERSARY CARNIVAL
FUN FOR THE WHOLE FAMILY!!

Date : June 13, 2026 from 11am -3pm
 115 Deep River Road, Deep River, ON

Come out to enjoy games, a BBQ, face painting, bake sale, petting zoo, craft fair, silent auction, live music, and activities throughout the day!

PRE-FATHER'S DAY & Spring EVENT
PLANT. CREATE. GIVE BACK.

IN PARTNERSHIP WITH
 DEEP RIVER HORTICULTURAL SOCIETY

PLANT & BUILD BASKETS
SUNDAY, JUNE 14
1:00 P.M. – 3:00 P.M.

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County seeks funding to study shared services, amalgamation

Out West, separatists are raising the spectre of Alberta independence.

But here in Renfrew County, officials are raising a spectre of another kind - municipal amalgamation.

Meeting as the county's corporate services committee, mayors and reeves of county municipalities approved a series of "delegation requests" for the Association of Municipalities of Ontario (AMO) conference later this summer.

The requests are for a chance to meet with provincial ministers or senior bureaucrats to discuss items of local im-

portance and lobby for funding.

Among the county's delegation requests for 2026 are usual subjects like improvements to Highway 17, continued funding for the county's "Mesa" project dealing with homelessness and drug use, and an expansion of child care spaces in the county.

Included in the requests, however, is another for "municipal modernization" funding.

According to a report by CAO Craig Kelly, the funding would be used to "undertake a comprehensive study examin-

ing options to modernize and optimize service delivery within Renfrew County, with a particular focus on the division of responsibilities between the upper tier and local municipalities."

The study would evaluate "opportunities to improve efficiency, service quality, and value for money through enhanced coordination, shared service models, and potential structural change."

"Areas of analysis would include, but are not limited to:

- Shared corporate services such as finance, payroll, and enterprise software systems;

- Fire-service delivery options, including service amalgamation, consolidation, and redistricting;

- Rationalization of the road network, including optimization of winter maintenance and plow routes;

- Shared economic development and planning services across municipal boundaries; and

- Long-term governance considerations, including the feasibility and implications of partial or full municipal amalgamation."

"This work would support evidence-based decision-mak-

ing by elected councils, ensure local service delivery is sustainable and cost-effective, and align with provincial objectives for modernization, financial resilience, and collaborative municipal governance," Kelly says in his report.

"Provincial funding would enable Renfrew County and its lower-tier municipalities to engage appropriate expertise and resources to rigorously assess options and engage stakeholders in a transparent, data-driven manner."

The delegation request was approved without discussion.

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Premier, cuts the target of Pembroke protest

BY MARIE ZETTLER

A small but vocal and visible crowd took some time out of a sunny Saturday afternoon outside the Service Ontario office in Pembroke May 30 to protest funding cuts to health care, education, and other services, laying the responsibility for the situation at the feet of Ontario Premier Doug Ford and the rest of the Conservative provincial government.

About 40 people of all ages, and from varied backgrounds and walks of life, waved signs and chanted slogans at passing vehicles along the busy stretch of Pembroke Street East and spoke with pedestrians who stopped to chat.

Among them was Veldon Coburn, a member of the Algonquins of Pikwakanagan at Golden Lake and a professor at McGill University in Montreal.

"We have a government that is not just neglecting but almost seems to be willfully destroying a healthcare system that should serve everyone equally and with dignity," he said.

"And while Doug Ford eyes private jets, he's also eyeing private healthcare, which will give us nothing."

Sister Mary Ruddy, a member of the Grey Sisters order, said she came to the demonstration because she believes in public health care.

"I feel bad that our province seems to be supporting private clinics," she said. "It's not truly public health care – it's a profit-making business using our taxes to support it instead of going to pay for service."

A Pembroke-based businessman, Peter Plumley, said he has a number of reasons to protest the Doug Ford government.

"I don't feel that Doug Ford really

clearly has a mandate to do what he's been doing in terms of the health care, the public education, all kinds of omnibus deals that involve spending money," he said.

"Yet we see health care getting no money, we see education getting no money, we see the public workers getting no money. We see the roads - absolutely horrible. We see Highway 17 inaction over the last 30 to 40 years. Where's the money going?"

He said he supported Doug Ford when he was running for premier, but lost interest in him when he started making cuts.

Sheila O'Brien, a part-time professor in communications at the Pembroke campus of Algonquin College, said provincial cuts to post-secondary education have been devastating to the college.

"But I'm also here for so many other

reasons," she said.

"My sister's a teacher in primary school and there are just so many students with high needs that need the support, and they're cutting high-needs education.

"Also, my daughter goes to public school and there are 36 people in her classroom, which is a direct effect of Doug Ford's negligence of how education should run."

Because of her work at Algonquin College, she knows many people in the health care system.

"The nurses are stretched beyond their limit," she said. "How can we cut more from something that's already completely devastated?"

Another province-wide protest is planned for June 27.

(Marie Zettler is a Local Journalism Initiative reporter for the Eganville Leader.)



sudoku

HOW TO PLAY:

Fill in the grid so that every row, every column, and every 3x3 box contains the numbers 1 through 9 only once.

Each 3x3 box is outlined with a darker line. You already have a few numbers to get you started. Remember: You must not repeat the numbers 1 through 9 in the same line, column, or 3x3 box.

8				4			7	
					8	9		
			1			2		
		7	8	1	9	6		
								1
	4		6		2			
		1			3			
2				5				3
				6		1	8	

cross word

answers use American spelling

ACROSS

1. Walked
5. Hole-making tools
9. Muzzle
12. "_____ Gun Will Travel"
13. Uncluttered
14. Liquid gold
15. Spent
16. Salesman's model
17. Lime refresher
18. Bush
20. Frequently
22. Spaceship's cabin
26. County
29. Carve
33. Pro
34. Bed boards
36. Court romantically
37. Colorist
39. Part of a phone number: 2 wds.
41. Raging fire
43. Annie's dog
46. Work with dough
50. Tinge
51. Volcano flow
55. Sir's wife
56. "_____ a Wonderful Life"
57. Cattle
58. Cake cooker
59. Kettle's kin
60. Immediately following
61. Housing payment

1	2	3	4		5	6	7	8		9	10	11
12						13					14	
15						16					17	
18				19				20	21			
			22		23	24	25					
26	27	28							29	30	31	32
33				34				35		36		
37			38		39				40			
			41	42								
43	44	45						46		47	48	49
50					51	52	53	54		55		
56					57					58		
59					60					61		

DOWN

1. Therefore
2. Reckless
3. Completed
4. Subtract
5. "Beauty _____ the Beast"
6. Small
7. On the _____ (in hiding)
8. Saloon seat
9. Barnyard animal
10. Official assistant
11. Narrow valley
19. Musical measures
21. Lawyer's payment
23. Rice dish
24. Panic
25. Say
26. Papa
27. Frosty
28. Notice
30. Tango number
31. Food fish
32. Do garden work
35. Descended
38. Expel
40. Huge bird
42. Hosiery fabric
43. Boat
44. Station wagon, e.g.
45. Wren's dwelling
47. Lower edge of a roof
48. Hymn closer
49. Fender-bender mark
52. Woodcutter's tool
53. Aggravate
54. Uninvited picnicker

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ANNUAL MEETING

• Someone was asked which was worse, ignorance or apathy, and they answered, “I don’t know and I don’t care.”

- No Coffee and Conversation Thursday, June 11 due to AGM at noon.
- Thursday, June 11, noon - 2 pm, AGM and BBQ at the Deep River Legion. It is too late to sign up for the BBQ but feel free to join us after lunch for the AGM.

Our vice president, Bev Byrnes, has completed her second two-year term and will be stepping down as vice president of the SFC. A detailed description of the vice president role was already sent to members.

Thank you, Bev, for a great job! We look forward to continuing to work with you on the activities committee.

Members are always welcome to join our activities planning committee! To inquire

Seniors Friendship Club



about joining our activities committee, please respond to the following email: 23uovsfc55@gmail.com.

- Saturday, June 27 - Community Kitchens

Free Breakfast at the CEC - Our next free breakfast is on June 27, so mark it on your calendar and we hope to see you there. If you wish to volunteer, please contact: sfcvolunteer54@gmail.com.

• Registration for the Valvular Heart Disease Screening Clinics on October 20 and November 5 is now closed. If you have registered and have any questions about your appointment, please call 613-696-7412 or email: heartvalve@ottawaheart.ca.

• The Upper Ottawa Valley Seniors Friendship Club is open to all adults living in the area from Chalk River to Deux Rivières. Website seniorsfriendshipclub.ca, Facebook www.facebook.com/sfc.uov.

BINGO

• B-I-N-G-O takes place this Sunday, June 14 at the Chalk River & Area Lions Hall. Doors open at 12 pm, bingo starts at 1 pm with a \$400 Jackpot!

• The Chalk River & Area Lions is holding a season-long bottle drive, every Saturday from May to September.

Drop off your empties at the Chalk River & Area Lions Hall every Saturday from 8 am to 2 pm. Pickup is also available on request. Proceeds will go to support the activities of the Lions Club.

For more information, call Kristina at 613-602-1258.

Chalk River Lions Club



www.chalkriverlions.org

SEED LIBRARY

• Gardeners – check out our Seed Library (available at both branches) before you buy. We have seeds

available to “borrow” - when the plants mature, allow some to go to seed and “return” them to the library – or bring some of your extras to share with others.

• Bring your little ones to Baby and Toddler Storytime at Chalk River library, Mondays at 10:30 am.

• Learn to Crochet: Beginner Basics – Join us as we informally teach the basics of how to crochet, including making a foundation chain, working single crochet rows and trying other stitches and combinations.

LAURENTIAN HILLS PUBLIC LIBRARY

Point Alexander library on Wednesday, June 10 at 6:30 pm, Monday, June 22 at 5-6 pm, and Wednesday, June 24 at 1:30 pm.

Please contact the library to register for one or more sessions.

• Bring the kids to play and make homemade cards and crafts for Father’s Day on Saturday, June 20, 1-3 pm at Point Alexander.

• Borrow an Explorer Backpack for some fun in your backyard or on your next hike in the woods. Two available at each branch, one containing child-oriented items and one for adults.

• Watch for summer programming details coming soon on Facebook!

PATIO GRAND OPENING

Good day, everyone. We had 48 bodies at the cornhole tournament - with spectators about 60 people in all - great time, thanks to Paul for organizing and running a great tournament.

For the ladies it was first place Kim Duiker, second Marcia Beemer, third Sam. Men’s first Brad Silverthorn, second Bob Vanhoutte, third Marvin Dupuis. Congratulations to all the winners and the participants.

Royal Cdn. Legion Branch 436, Deep River



• Today, June 10, we have a general meeting at 4 pm. June 11 Karaoke, June 13 Patio Grand Opening (all meals sold out), June 20 is the rain date. June 25

is Karaoke, June 27 “Run 4 Home” on the patio.

• Renovations are going well - we hope to have the elevator up and running again soon.

• Fun Darts, Cornhole, Euchre and Open Mic are still ongoing.

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MATCH UP

To put a free notice in Match-Up, phone the NRT office at 613-584-4161, or email <NRT@northrenfrewtimes.ca>.

BABY ITEMS: North Renfrew Family Services is looking for a number of baby items - a crib mattress, muslin baby blankets, newborn car seat, stroller and baby monitor. If you have any of these items and are willing to donate them for new families in need, please call NRFS at 613-584-3358.

TREADMILL: A local family has a treadmill looking for a new home. It’s a Pro-Form Sport, no longer used as the owners are aging. “You pick up.” If interested, please call 613-585-0806.

BIKE HELMET: A small black Raleigh adult bike helmet was found last week in a hedge at the corner of Thomas and Tamarack Streets in Deep River. Not sure why it wasn’t on someone’s head, but it has now been turned in to the North Renfrew Times and can be claimed at the NRT office, 8 Glendale Ave, or by calling 613-584-4161.

VHS TAPES: Do you have a drawer or cabinet full of old VHS tapes no one ever watches any more? If you have unwanted VHS tapes, a local collector would love to have them. (Pro tip: just make sure you’re not giving away your wedding videos first.) To give them a good home, call Alex at 613-462-2684. Pick up or drop-off available.

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Four Seasons settles east end land issue

The Four Seasons Conservancy (FSC) is pleased to announce that it has purchased a conservation easement on the property located at 42 Wintergreen Lane.

In addition, FSC and the owners of the other properties on Wintergreen Lane are finalizing the process to place conservation easements on those owners' properties as well.

These conservation easements will ensure the continued conservation and recreational use of the Wintergreen Lane properties.

FSC is now fundraising to support the acquisition of these conservation easements.

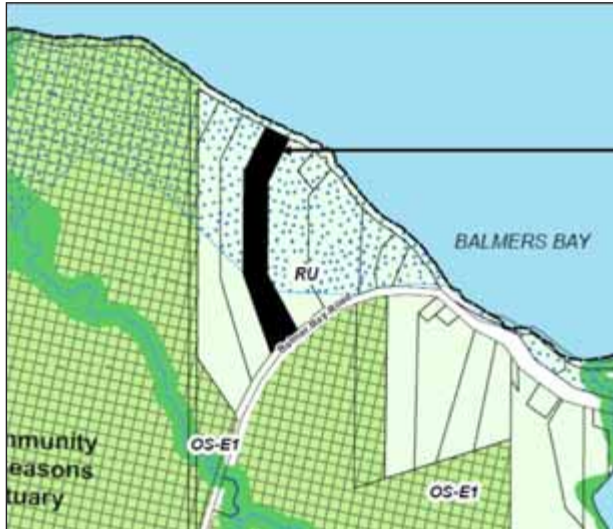
If you are in favour of the ongoing protection and conservation of the trails and natural areas east of the Deep River Hospital, please consider donating.

FSC is a registered charity. For more information, please visit our website: www.drxc.ca/four-seasons-conservancy.

For many decades, forested land in the east end of Deep River has been used for non-motorized recreational purposes, including cross-country skiing, snow shoeing, hiking, mountain biking and dog walking, as well as for environmental studies and education.

Thanks to countless hours of volunteer work over the years, a network of trails has been developed on these lands and these trails have been a source of enjoyment, exercise and peace for many.

In 1994, Atomic Energy of Canada Limited (AECL), the owner of the land at that time, decided



to sell it.

A fundraising effort was launched and, supported by donations from many members of the community, the lands were successfully purchased from AECL.

In conjunction with the community fundraising effort, several new lots, including 42 Wintergreen Lane, were created and sold by AECL to private buyers.

The FSC and its members were granted a right-of-way on these new lots, ensuring that they could continue to be used for skiing and other non-motorized recreational purposes. Several existing trails traverse these lots.

In late 2024, a proposal to sever 42 Wintergreen Lane into several lots was submitted to the town of Deep River.

An amendment to the town's Official Plan was requested in support of this proposal, and public meetings were hosted by the town. At these meetings, significant opposition to the proposal was voiced.

Over the past year and a half, FSC has held productive discussions with the owners of 42 Wintergreen Lane.

As a result of these discussions, the property has been sold and FSC has purchased a conservation easement from the new owner.

A conservation easement is a legal instrument that is registered on title. It binds the current owner and all future owners of the property.

In this case, the most important features of the easement are that it prohibits any severance or subdivision of the property, ensures the conservation of most of the lot (specifically, the area between Wintergreen Lane and Balmer Bay Road), and ensures that FSC members may continue to use the property for non-motorized recreational activity.

FSC membership is free of cost but requires the signing of a liability waiver before access to the property.

The FSC gratefully acknowledges the role of the town of Deep River, and of Mayor Sue D'Eon in particular, in facilitating productive discussions with respect to this issue.

Youth sports builder

CONTINUED FROM PAGE 9

- What did that education teach you?

It emboldened me to use sport to give people belief and hold them accountable to their potential. That first team I coached ended up winning their league, and that's where Free Footie was born.

- It's a rather large step to go from coaching one team to dozens of teams.

As I learned! I was coaching these kids, but they always had younger siblings around. We'd have a roster of 18 players but 75 kids hanging around. So I made a team for the little brothers and sisters.

It became a little league, we invited three more schools, and it ran for six weeks or so. Then it just grew. Four schools, then eight, then 16, 26, 64.

It took about 10 years to get to that – two teams per school in four different sports: soccer, hockey, basketball and flag football. At that point, there'd be a year-end tournament with 5,000 people watching the Grade 6 final. It was massive.

- How did a kid like Alphonso Davies come out of Free Footie and end up being a global superstar? What do you remember about him when he was with Free Footie?

• Well, to begin with, Alphonso wasn't with us that long, maybe about a month. My memories of that period are hazy! I remember watching him play in a Free Footie tournament and thinking there was something there.

What I can say is that his success belongs entirely to him and the people who were truly in his corner through the hard years – his family and people like Nedal Huoseh, his coach and now agent, who has been by his side since the beginning.

- He's an inspiration, for sure.

Yes, but what I think about more, honestly, are the kids who were just as talented, with stories just as compelling, where the conditions simply didn't align. They didn't get the same break, the same timing, the same set of doors opening at the right moment.

Those kids are the reason we do this work. Alphonso is one we celebrate – and we should – but for every Alphonso there are dozens of kids whose potential quietly disappeared. Closing that gap is what gets me up in



the morning.

- Do the kids in the program have to come from what we might call less privileged backgrounds? And what if a kid might benefit from the program but they just don't like sports?

For a lot of kids, sport isn't their thing. But they like to be around their friends and be around a great mentor. It's a safe place to be and there's room for them, because the focus of the organization is more about play than sport.

As for the economic side, need looks different everywhere you look. For sure there is a bit of a misperception out there that we are for people who don't make as much money as some others.

But we serve a wide range of families, and the more the kids can experience different realities, the more empathy there is going in all directions.

CARE & A SAFE SPACE

- What are all the programs currently operating?

There are 25 schools for after-school play and sport. There's Welcome to Play, for newcomers to Canada. And there's the Wolves program, which is more sport-focused for teens, and they play in all the standard minor sports leagues.

But the focus is still always about social-emotional development, about respect for one another.

- How did you manage these programs through COVID, and what changed coming out of it?

The organization really shifted during COVID. We were able to gain charitable status and access different funding. We turned it overnight into programming with staff.

That was also when we changed from Free Footie to Free Play, because we weren't just soccer anymore.

We went from being something kids did once a week to something they did every day after school. We knew they needed care, a safe space, meaningful relationships with a mentor.

We really started working on using sport as a tool to teach social, emotional and mental health.

All the data and research tell us the power of one caring adult and how that can shape a future, whether that's a family member or a coach or a teacher or somebody who really cares about you and is willing to listen and understand your needs.

But also, again, to hold you accountable to the potential you have.

- Where does it all go from here?

My big hope would be some level of financial stability! And maybe an actual facility we own, so that booking revenue becomes a tool to fund the programming. Expanding across the country would be great, too.

You know, this is not rocket science.



It's very simple. It's giving kids somewhere safe to be after school and playing some games. Give them a good mentor, give them a good curriculum and watch them grow.

But still, there are always roadblocks. It always surprises me how hard it is to create a scenario for a kid to just go kick a ball around.

- With the World Cup about to start, how do you feel about Canada not only being in it, but hosting part of it?

When I started Free Footie nearly 20 years ago, telling a kid from Edmonton that Canada would host a World Cup – let alone field a team that belonged there – would have felt like a fantasy to most people. But not to me.

I was watching raw talent every single day. The potential was always there. What was missing was the pathway – and honestly, that pathway is equally confusing today, just for different reasons.

The rise of pay-to-play, the obsession with wins over development, the hunt for athletes who can be sold for dollars and Instagram posts. The system has changed but the gaps haven't closed.

- What are you looking forward to this summer? How do you think it will go, and how will Canada do?

The scoreline is not what I'm watching most closely. I was vice-chair of Edmonton's bid to bring World Cup games to this city.

Losing that at the last moment was devastating – not just because of the event itself, but because of the social legacy everyone promised would flow from it.

With the World Cup now here in Canada, I intend to hold up a mirror to everyone who made that happen and ask some hard questions: what is the social legacy, the investment so more kids like Alphonso get a shot, the investment in after-school programs that use sport as a tool for human development, the investment in the coaches and administrators who quietly put their own lives on pause to support other people's kids and families?

Where is the investment in what actually makes Canada great – its people and its culture? That's what this World Cup means to me.

This interview has been condensed and edited.

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“The Whistle Stop” (in same building as the Bowling Alley) is open Tuesdays through Saturdays 1:30-3:30pm. Thursday evenings 6:30-8:00pm. CLEAN donations thankfully accepted during these hours. NO FURNITURE, baby furniture, sports helmets, TV, stereo or computers please.

DEATHS



JOYCE, Doreen Isabel

September 28, 1925
- June 1, 2026

Doreen surprised us once again by passing away suddenly and peacefully in her 101st year, while chatting with her son Ben in the waiting room of the Deep River Hospital Emergency Department. Her record of avoiding a hospital stay for over 65 years remains intact.

Doreen was one of five children of Storey and Vera Redshaw of Oakville, Ontario. She is survived by her sister, Carol Moro (Robert) of Peterborough, and predeceased by her siblings Audrey Caven (Darryl), Helen Beasley (Dave), and Grant Redshaw (Joyce).

She met her husband, the late James Robert (Bob) Joyce in high school, a few years before he enlisted in the Royal Canadian Air Force during World War II. They married in 1950 in Oakville, and moved to Deep River in 1957 with their four young children, Ben, Chris, Sara and Andy; a fifth child, Greg, was born in Deep River

in 1959.

Doreen and Bob thoroughly enjoyed life in Deep River, and took advantage of everything it had to offer their young family, especially outdoor and sporting activities and an excellent library. Doreen was predeceased by Bob, who died much too early in 1978. Fiercely independent, she was determined to make a full and satisfying life for herself in widowhood, and she did so successfully with the encouragement of her family and her friends, particularly Betty & Laurie Alexander, Carol & Joe Carr, and Dorothy & Don Ross, her long-time Deep River friends.

Doreen was devoted to her family and friends. Every birthday and special event or holiday was marked with a card and a phone call. She loved to tell a funny story, of which she had hundreds, often laughing so much in anticipation of the punchline that she struggled to get the words out.

Doreen had a knack for making new friends everywhere she went, and for maintaining her old ones. She stayed in regular touch with friends from high school, from the Deep River tennis and curling clubs, from Keys Public School where she was the school secretary for over 20 years, from volunteering with the Canadian Cancer Society, and from her travels after retirement.

A voracious reader and crossword puzzle addict, she had her family

trained never to call her during the half hour on weekdays sacred to matching wits with the contestants on Jeopardy! She loved sports, and was a gifted athlete, remaining an active tennis player, skater, curler and golfer well into her 80's. Summer afternoons were often spent at the beach, reading or chatting with a group of friends, and for many years she enjoyed Aquafit classes at the town pool, followed by a sauna and a cup of coffee with “the girls”.

Never afraid to tackle something new, she learned to downhill ski in her 40's, whitewater canoe in her 50's, golf in her 60's and play bridge in her 70's. Occasionally Doreen's children preached caution, such as when Mom's friend Myrna, a motorcycle enthusiast, invited Doreen, then in her 60's, to ride pillion on a tour of New York State. Of course, she ignored us, accepted, and had a great trip.

In her 80's, Doreen received a gift of a round-the-world plane ticket on Air Canada from her son Ben. She managed to stretch that ticket into 6 weeks of solo travel in Australia and South East Asia, incorporating a stay on a sheep farm in Victoria and a bus trip down the Malay Peninsula, making many new friends.

As Doreen's mobility diminished in her late 90's, she was fortunate to have practical help at home from two wonderful support workers,

Cathy Ryan and Barbara Hocking. They, too, became good friends, supporting her Tim Horton's latte habit and importing fresh scones from the Arnprior Truckstop. Doreen particularly enjoyed singing old standards with Barbara while they drove to various appointments.

In her final years, as her hearing and eyesight worsened steadily, Doreen made the effort to master email and Facetime to be able to stay in touch with her far-flung family, and used an e-reader to continue reading daily. Any email misfires were blamed on the iPad.

Doreen will be greatly missed and remembered with love and laughter by her sons Ben (Carla Joyce) of Toronto, Chris (Marie-Andree Rivet) of Coquitlam, Andy of Toronto and Greg (Tracy Joyce) of Deep River, her daughter Sara (Milton Spidla) of Toronto, her six grandchildren Ryan (Alyson), Amy (Chase), Andrew (Indre), Michael, Carl and Marina, and her three great-grandchildren, Johnathan, Addyson and Callan. She is remembered with great affection as Auntie Do by her many nieces and nephews.

A funeral will be held at the Deep River Community Church on Friday, June 19th, 2:00pm followed by a reception. In lieu of flowers, please consider making a donation to the Deep River Community Foundation or the Canadian Cancer Society

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CLASSIFIED

AUDET, Kathleen Joyce

November 14, 1929 –
June 4, 2026

We are sad to announce the passing of Kathleen Joyce Audet on June 4, 2026, in Perth, Ontario.

Kathleen was born on November 14, 1929, the 10th child of Gladys May Middlebrook (nee LaRose) and Earl Gladstone Middlebrook in Markham Township, near Malton, Ontario. She was raised on the family farm, a simple homestead without indoor plumbing or electricity. There, she travelled to school by bicycle, wagon and sometimes horse drawn sleigh! The Great Depression occurred only weeks after Kay was born, during which the Middlebrooks lost their farm and restarted from nothing – an event which no doubt gave her the resiliency she was known for.

She trained as a secretary and worked at A.V. Roe Canada Limited (AVRO, a Canadian aircraft manufacturing company) in Toronto. There she met and married Hector Ernest Audet on October 4, 1952. They lived in Rexdale (Toronto) at their home at 10 Hardesty Drive. Together they built a cottage at Kosh-



long Lake near Haliburton Ontario. At Koshlong Lake, they had no road access and transported all provisions and building materials by boat from the government dock. They lived in a walled prospector tent while building the cottage.

Kay worked at AVRO until the birth of her first of 4 children in 1955. In 1959, the AVRO ARROW project was canceled and in January 1961 the family moved to Deep River to 98 Maple Street. In Deep River, Kay flourished, enjoying curling, golf, gardening, rug hooking, pottery, painting, cottaging and raising her 4 children.

They built a home at 95 Birch Street in Deep River in 1966. They sold the Koshlong cottage and built a new cottage at

Lake Clear near Eganville. Together they enjoyed this paradise swimming, fishing, sailing, canoeing and enjoying family.

Sadly, she lost Hector in 1985. She subsequently learned to downhill ski, enjoying trips with the Ottawa Snow Eagles. She enjoyed traveling with friends, her grandchildren and the company of her Siamese cats. Decidedly a cat person, she surrounded herself with cat figurines and stuffies in her later years.

She was able to stay in her own home until age 93, maintaining her independence to garden, drive, shovel snow, and spend her summers at her cottage. She served as a Girl Guide leader, volunteered at the Deep River Public Library and was a member of the Community Church. In her later years she enjoyed attending St. Barnabas Anglican church with her daughter-in-law Anne Audet.

At the age of 93 she moved to a retirement home in Perth, then on to Perth Community Care Centre LTC. She died June 4, 2026, after a short illness at Perth Hospital.

Kay was pre-deceased

by her 11 siblings: Howard (age 44), Thomas (31), Mary (70), Donald (77), Robert, Carmen (70), David (59), Earl (89), Lavern (93), Helen (83) and Audrey (91).

Kay is survived by her children William (Beverly), Sherri (Neil Bell), Marc (Anne) and Linda (Steve Poste). She has 8 grandchildren (Teri, Tim, Cameron, Alison, Liam, Kaitlin, Bradley and Sadie) and 5 great grandchildren (Sawyer, Finn, Tallis, Owen and Dylan).

A funeral service will be held in Deep River 11:00 am Friday June 26 at the St. Barnabas Church, followed by an interment of ashes at the Deep River Cemetery. A private celebration of life will also take place on a future date.

CELEBRATION OF LIFE

DAGG, Donella

A celebration of life will be held at St. Andrew's United Church, Chalk River on Saturday, June 20 at 10:30 am. Followed by interment at Forest View Cemetery, Chalk River. Friends are invited to a light lunch at the Chalk River Lions Hall following the interment.

ALGONQUIN ELDERS

CONTINUED FROM PAGE 15

Like membership to the Circle, registration to the conference is open to everyone interested in advancing their understanding of Indigenous philosophy and in working towards reconciliation in Renfrew County. Meals for the weekend will be provided by Algonquin caterers Michele & Sam Whiteduck. Parking is free.

The Circle of Turtle Lodge was created in 1999 to revive, promote, and restore the traditional culture and teachings of the Indigenous People of the Ottawa Valley, the Algonquin Anishinabe.

In recent years, it has refined its focus to helping Indigenous People access ceremony and teachings from traditional Elders and spiritual leaders.

For more information, visit the website at thecircleofturtlelodge.ca or search "Circle of Turtle Lodge" on Facebook.



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Tour de Beaver Tails returns July 5

Cyclists and walkers from all over Ontario will descend on the tiny Ottawa Valley village of Killaloe on Sunday, July 5, for the third annual Tour de BeaverTails.

The tour features four supported cycling routes for riders of all abilities, plus a guided walk through the historic village.

The event is expected to raise more than \$5,000 for the local food bank.

It is a collaboration between the Killaloe and

Area Lions Club, Ottawa Valley Cycling and Active Transportation Alliance (OVCATA), Beaver-Tails Killaloe kiosk, and the township of Killaloe, Hagarty and Richards.

"I've ridden in many places, and I've never found better cycling anywhere," says tour founder and OVCATA co-chair Ish Theilheimer, who lives nearby.

"Scenery, rolling hills, quiet roads, lakes and streams, lots of points of interest, and a super-friendly community - we've got it all."

The Lions Club is in its third year as event organizer. It has used the funds raised for great causes including vision screening equipment the club uses in schools to help identify kids who need

glasses and the Killaloe and Area Food Bank, which will receive the money raised this year.

The tour is named for the famous Canadian pastry company, BeaverTails, which was born in Killaloe in the 1970s by Grant and Pam Hooker.

The tour offers four different rides for riders of all levels and experience plus a guided heritage walk through the historic village.

Participants get a supported ride, a barbecue lunch, Ottawa Valley entertainment, an iconic Canadian snack provided by the Killaloe Beaver-Tails kiosk, and the satisfaction of supporting an important cause.

To learn more, visit the website: tourdebt.blogspot.com/.

DRDCF

Grants to support school, children's performances

On June 3, the Deep River and District Community Foundation (DRDCF) announced the seven grants totalling over \$41,000 that were awarded in the 2026 spring grant cycle.

During the 24 years the Foundation has been in existence, a total of 320 grants have flowed into our communities via our Foundation.

The 2026 spring grants were presented to:

1 - The Deep River and Area Horticultural Society and town of Deep River

2 - Rolph, Buchanan, Wylie and McKay Historical Society (School House Museum)

3 - The Deep River Public Library and THEOP

4 - The Renfrew County District School Board

5 - North Renfrew Family Services / Upper Ottawa Valley Seniors Friendship Club

6 - Les Maisons des Jeunes du Pontiac

7 - The town of Deep River.

Grants 3 and 4 are featured in the photos.

PERFORMANCES FOR CHILDREN

The first photo shows the \$3,000 cheque presentation to the Deep River Public Library and THEOP in the library children's room.

This collaboration between the library and THEOP will see the presentation of two performances primarily for children ages 4-10: a classic puppet



play and a play incorporating comedy and circus.

Since they are presented outside school hours, they are available to every child in the community - all students, home schooled children, preschoolers and visiting children/grandchildren.

PERFORMING ARTS IN SCHOOL

The second photo shows the \$5,000 cheque presentation to Mackenzie Community School (MCS).

Working in collaboration with THEOP, these performing arts experiences will provide students at Mackenzie Community School and St. Mary's Catholic School the opportunity to witness a variety of musical perform-

ances that are not readily available to them in the local community.

These presentations will demonstrate how the arts are all connected through the use of acting, storytelling and music. Students will also learn how to become respectful audience members.

See the articles and photos in the June 17 and 24 NRT for details on the three other 2026 Spring Grant recipients.

There are four types of funds held by the DRDCF: named funds, field of interest funds, designated funds and bursary funds. You can see them all described at www.drdcf.ca/funds. Last week, we talked about named funds.

A donor can contribute to a field of interest fund such as the Environmental Legacy Fund, The Arts & Education Fund, or the Deep River Area Health Care Fund when they want their donation to support that particular area of philanthropy.

Designated funds are funds initiated by and designated for a particular organization.

The DRDCF has three such funds: the North Renfrew Family Services Fund, the (Deep River) Library Endowment Fund and the Four Seasons Conservancy Fund.

> CONTINUED ON PAGE 27

SUDOKU SOLUTION

• FROM PAGE 17

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CROSSWORD

• FROM PAGE 17

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Troops training in local area next Tuesday

Members from the Canadian Army Advanced Warfare Centre (CAAWC) will be conducting the Patrol Pathfinder Final Training Exercise in the vicinity of the Deep River airfield and Ottawa River, on Tuesday, June 16, from 11 am to 8 pm.

The Department of National Defence says that as part of the exercise, approximately 20 military members dressed in their combat uniform will be walking around in the forest area in order to simulate training in an austere environment.

Training will include the use of weapons, military equipment and/or vehicles and will not disrupt businesses, traffic or public services.

DND says the exercise is educational in nature and does not pose any risk to public safety. Residents may observe participants walking around looking at open fields and studying terrain.

“Training such as these are essential to help prepare Patrol Pathfinders to operate safely in populated environments during the spectrum of operations,” DND said in the announcement.

“We would like to thank the public for their continued support of our military community.”

Spring grants

CONTINUED FROM PAGE 26

Anyone can contribute to the capital held in these funds but only the designated organization can use the fund’s earnings to support projects.

Donating to a field of interest or designated fund is a great way to ensure your contribution will be used in a way that is important to you.

To learn more about the DRDCF and how you can become an important part of our legacy, visit www.drdcf.ca and follow us on social media #drdccommunityfoundation

Support your community now and for the future at www.drdcf.ca/donate.

Top photo, left to right: Library child & youth services Robin Dennis, DRDCF director Brian Cheadle, THEOP chair Katharine Myers, and grants committee chair Teresa Selander.

Below, left to right: DRDCF director Chris MacCready, DRDCF chair Italia Cecco, MCS elementary teacher Kathryn Roesler and MCS principal Megan Robillard.

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JUST LISTED	JUST LISTED	NEW PRICE	NEW PRICE	NEW PRICE
172 King's Rd 3 bed, new septic, & furn, wood stove, deck, fenced, massive double garage MLS X13230680 \$374,900	1 Tamarack Rd 3+1 bed, 2 bath, oak kit, gas fireplace, fin bsmt, fenced yard, pergola, carport MLS X13216136 \$389,900	1108 Boundary Rd 2+2bed, 2 bath, updated floors/appl/siding, lg deck, pool, insul gar/workshop MLS X12983232 \$544,900	33430 Hwy 17 2 bed, custom kit, wood fp, jet tub, fin bsmt w/ 2nd kit, workshop, screen rm MLS X13045952 \$849,900	979 Lea St 4 bed, 1 bath, gas heat/ca, spacious, close to west end amenities. MLS X12938214 \$159,999
NEW PRICE	NEW PRICE	NEW PRICE	NEW PRICE	NEW PRICE
44A Main St 3+1 bed, lg kit w/ vaulted ceil & solid wood cpbds, gs fp, en suite w/jacuzzi, fin bsmt MLS X12251556 \$849,900	8 Tweedsmuir Pl 4 bed, 3 bath, gas fireplace, basement rec room, workshop, detached gar MLS X12426980 \$445,000	25 Laurentian St 2 bed, 2 bath, wood fp, fin bsmt, large yard, screened porch, inground pool MLS X12371517 \$495,000	34224 Hwy 17 26 acres, 3 bed, 2 bath, gas fp, 3 season room, newer furn & roof, att gar, shed MLS X12129172 \$929,900	20 Main St 4 bed, 2 updated baths, custom kit, woodstove, fenced yard, deck, new roof MLS X12947226 \$349,900
NEW PRICE	NEW PRICE	NEW PRICE	RIVERFRONT	RIVERFRONT
101 Frontenac Cr 2+2 bed, 2 bath, hwd floors, fin bsmt, large deck, fenced yd, garden shed MLS X12983754 \$509,900	96 Glendale Ave 4 bed, sunny kit, lg foyer, gas fp, mn fl fam rm, mn fl laundry, gas ht/ca MLS X13068374 \$429,900	88 Glendale Ave Newly renovated 3 bed, mn fl laundry, gas heat, detached garage MLS X12706000 \$399,900	196 Loon Valley Ln 1 ac, 2+1 bed bungalow, 2 baths, partially fin walk out bsmt, 3 car gar w/ loft MLS X12234990 \$949,900	581 Rocky Point Ln 3 bed custom bungalow, 2 baths, lg gar walkout bsmt, 254' river front MLS X12645418 \$1,200,000
4 PLEX	NEW PRICE	NEW PRICE	NEW PRICE	NEW PRICE
14 Huron St 2 bedroom units w/4pc bath, kit, laundry/utility, recent renovations, 4 garages MLS X12626844 \$507,000	101 Lance Rd 3 bed, full bsmt w/airtight woodstove, prop fum/ca, dble gar w/ht workshop MLS X12542466 \$409,900	224 Thomas St 4 bed, vaulted ceil, hwd fl, lg kit, mn fl fam rm w/fp, private bk yard, full fin bsmt MLS X13097490 \$629,900	38 Beach Ave 2 bed, oak dit, gas fp, step in shower/tub, mn fl laundry, storage shed, det gar MLS X13036976 \$359,900	51 Frontenac Cr 3 bed semi, updated win, gas ht, fin bsmt, 5 appl incl, fenced yard MLS X13068302 \$319,900
NEW PRICE	NEW PRICE	NEW PRICE	NEW PRICE	NEW PRICE
12 Boudreau Rd 2+2 bed, open concept, ensuite w/jet tub, fin bsmt, storage gar, shed, workshop MLS X12931950 \$849,900	6 Hillcrest Ave 1 bedroom w/att sitting rm/ office, new gas furn, AC, new 1.5 car garage MLS X12904676 \$299,900	30 Laurier Ave 4 bed, 2 bath, eat-in kit, fin bsmt, single det gar, backs on to green space MLS X13068576 \$399,900	250 Thomas St 4 bed, 1.5 bath breakfast nook, cath ceil, stone fp, fin bsmt, recent win/roof MLS X13136480 \$519,900	7 Martin St Wheelchair access, 3 bed, oak kit, 3 season rm, hot tub, part fin bsmt, woodstove MLS X12955880 \$485,000
RIVERFRONT	NEW PRICE	NEW PRICE	NEW PRICE	NEW PRICE
276 Colton Creek Rd 4 bed log home, 19.7ac, stone fireplace, 2 level deck, custom dock, 3 bay gar MLS X12754368 \$1,499,000	10 Iberville St. 3 bed semi-det, eat-in kit, updated bath, gas heat/ central air, lg private backyard MLS X12743346 \$219,900	116 Frontenac Cr 4+1 bed, 3 baths, quality updated kit, 2 fp, scrn rm, lg lot borders woodland MLS X12427011 \$574,900	37335 Hwy 17 1 bed backs on to Crown Land, open concept, propane fp, 3 appl lg det gar MLS X12382151 \$269,900	5 Nick St 3 bed, 3 bath, 7 appl, hwd flrs, gas fp, custom kit, fin bsmt, fully fenced, firepit MLS X13153436 \$869,900
RIVERFRONT	NEW PRICE	NEW PRICE	NEW PRICE	NEW PRICE
294 Lau-Ren Rd Custom 4 bed 5 bath home on 2.3 acres, 200 ft sand beach, fin walk-out bsmt MLS X12969998 \$1,449,900	313 Meilleur's Rd Custom home on 19.77 ac. 3 bed, 3 bath, 3-season room, garage/wkshop MLS X12472118 \$1,100,000	115 Lorne Pl 2+1 bed, open concept, updated kit, den/home office, 3 seas rm, lg private yard MLS X12823122 \$360,000	5 Hammond Ct 2+2 bed, hwd, spacious, fin bsmt, carport, close to parks, cul-de-sac MLS X12146168 \$359,900	1 Brockhouse Way # 201 1-bed, recent reno, new floor, river view, close to downtown MLS X12757012 \$219,900
SOLD	SOLD	SOLD	COMMERCIAL/RESIDENTIAL	COMMERCIAL
34 Faraday Cr 3 bed, hwd floors throughout, part fin bsmt, gas heat, backs on green space MLS X13036804 \$319,900	18 Summit St 2+1-bed, fin bsmt, gas heat/ca, det heated garage. Close to downtown. MLS X12958584 \$339,900	1 Highland Cr 3+1 bed, new flooring, eat-in kit, mudroom, fin bsmt, new fence, det gar MLS X13137126 \$399,900	120 Deep River Rd 5 offices, 2 & 3rd level features custom finished residential area w/ stunning views MLS X12740224 \$1,150,000	10 Ridge Rd 700 sq. ft, downtown, presently rented w/signed lease, updated roof, new siding MLS X13085660 \$199,900
LOTS FOR SALE				
McAnulty Rd, 1.03 ac \$149,900 X12603896	Pt Lt 49, Old Moore Lake Rd 0.3ac \$49,900 X12232283	Hwy 17 Deep River 0.42ac SOLD \$59,900 X9517157	Hwy 17 Head Clara Maria 201.8 ac \$499,900 X11986187	Brouse Rd, 1.5ac \$65,000. X12799774
Corry Lake Rd, 2.17ac \$259,900 X13179084	Martin St. \$59,900 X13029470	Hwy 17, HCM - 271 ac \$499,900 X13014352	Hwy 17, Laurentian Hills 16 ac \$159,900 X13068546	Waterfront Properties
Bissett Creek, 5.8ac \$479,000 X12465268	Mackey Creek Rd. 1.63 ac \$259,900. X13007740			



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