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THE

# NORTH RENFREW TIMES

DEEP RIVER, ONTARIO

WEDNESDAY, NOVEMBER 20, 2024

\$2.00 (HST INCL.)



## Postal workers on strike

Brian McKay, a leadhand with Canada Post, and clerk Amber Soulliere were on strike outside the Deep River post office Monday morning, along with CUPW postal workers nationwide who took to the picket lines Friday. The union had not provided the local workers with picket signs at the time this picture was taken. The Chalk River post office remained open Monday but no mail was going in or out of the facility. During the strike, local subscribers to the North Renfrew Times will be able to pick up their copies of the paper from the NRT office at 8 Glendale Ave, Deep River. The office will remain open extended hours to allow for pickup. Local and out of town subscribers may also request a copy of the newspaper in digital format by email. Send your request to [NRT@northrenfrewtimes.ca](mailto:NRT@northrenfrewtimes.ca).

Photo: Vance Gutzman

### INSIDE:



**MPP WILL NOT RUN FOR RE-ELECTION**



**LOCAL DAYCARE FORCED TO CLOSE**

[NORTHRENFREWTIMES.CA](http://NORTHRENFREWTIMES.CA)



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## NORTH RENFREW TIMES

VOL. 71, No. 46

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# Canada

We acknowledge the  
support of the  
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PLEASE RECYCLE



**From left to right, Deep Roots Nature and Nursery School founders Alicia and Amanda Sage were joined by Marina Silvestri, who has a child enrolled at the daycare, Sam Waito, who has two children enrolled there, including daughter Ad-disyn, shown here, supply teacher Kathy Dupuis and Laurentian Hills Mayor Anne Giardini in a show of solidarity to fight the daycare's closure.**

Photo: Vance Gutzman

# Local daycare forced to close

BY VANCE GUTZMAN

Funding changes to Canada's national daycare program, aimed at reducing fees for parents, are actually doing more harm than good for parents and their children locally.

The changes will result in parents and their children being left out in the cold at the end of this year when the Deep Roots Nature and Nursery School is forced to close its doors.

Deep Roots Nature and Nursery School, located in Chalk River, was founded in 2022 by sisters-in-law Amanda and Alicia Sage with the dream of creating meaningful nature-based programming for children, offering programs for kids aged 18 months to five years old.

The school's philosophy is based on the Reggio Emilia approach to education, which believes that children are capable of exploring and discovering for themselves, and should be encouraged to have some control over their learning.

"We don't teach children how to play and learn. They teach us," explains Alicia.

"We work collaboratively."

But it appears the Ministry of Education isn't taking the word "collaboratively" into account when it comes to the funding of for-profit operators like Deep Roots Nature and Nursery School.

The funding crunch stems from the Canada-Wide Early Learning and Child Care (CWELCC) agreement capping daycare fees that was reached between the federal government and Ontario the same year Deep Roots opened its doors.

**\$10 A DAY**

Effective the beginning of January, fees for children under six will be capped at \$22 per day, and will be further lowered to an average of \$10 per day by March, 2026.

The province has touted the merits of the program, stating it will create approximately 86,000 new licensed child care spaces by the end of 2026.

But there are thorns behind that rosy picture for Deep Roots Nature and Nursery School, which didn't opt into the CWELCC program, and was informed just a few short weeks ago by the County

of Renfrew that it will lose its funding.

The county plays no role in determining funding levels for daycare operators, and acts solely as a conduit for the funding they receive from the Ministry of Education.

As of December 31, Deep Roots Nature and Nursery School, which has 31 children enrolled in its programs, will have to close, primarily because it will lose all funding for resource staff who help kids with exceptional needs, along with wage enhancements for all four staff at the school.

Put simply, the school won't be able to operate without that funding.

"The biggest thing for us is the impact on families," says Amanda, noting the school has provided programming for the children of more than 60 families since it opened.

One of those families is Naila Abdullayeva and Mo Soffar, who reached out to the NRT with a statement as to how the closure of Deep Roots Nature and Nursery School will impact their family.

Their three-year-old son has been attending the school for two years.

> CONTINUED ON PAGE 22





MPP John Yakabuski celebrates his sixth election win in June 2022.

# Yakabuski will not run for re-election

Renfrew-Nipissing-Pembroke will have a new face at Queen’s Park following the next provincial election.

Long-time MPP John Yakabuski has announced he is stepping down.

In a statement released Tuesday, Yakabuski said that after much consideration and “conversations with those nearest and dearest to me, I’ve decided that I will not be a candidate in the next provincial election.”

Yakabuski said he will “of course” continue to carry out his duties as the Member of Provincial Parliament until such an election is called.

“After over 21 years, serving as your elected representative, it is time to move onto a new phase in my life.”

Yakabuski said it has been “an honour, beyond description to be chosen by you my constituents, in six consecutive elections to represent you in the legislature.”

“When Vicky and I decided many years ago that this would be our path in life, we did so, not knowing how long I would be privileged to serve,” he said.

While there have been many “rewarding and gratifying times,” as important improvements, investments and projects were delivered to the riding, Yakabuski added, “our greatest joy and lasting memory will be the

wonderful and amazing people we have met and gotten to know along the way.”

“I will be ever grateful for those experiences.”

Yakabuski offered special thanks to those who have served as his staff, particularly at the constituency level.

“None of the successes that have come my way would have been possible without their dedication and commitment.

“Lastly but most importantly I reserve my deepest thank you for my dear wife Vicky and our family.

“The life of a politician requires significant sacrifice on their part which they accepted without complaint.

“Vicky’s unconditional love and unending support has fuelled and encouraged me every step of the journey.

“I have been truly blessed.”

Yakabuski won his sixth election in June 2022, earning more than 61 per cent of the vote.

“I never expected to be a six-term MPP when I ran in 2003,” he confessed after the results came in.

“I’m confident I’ve done my job, that I’ve done the things which have earned me the people’s support.”

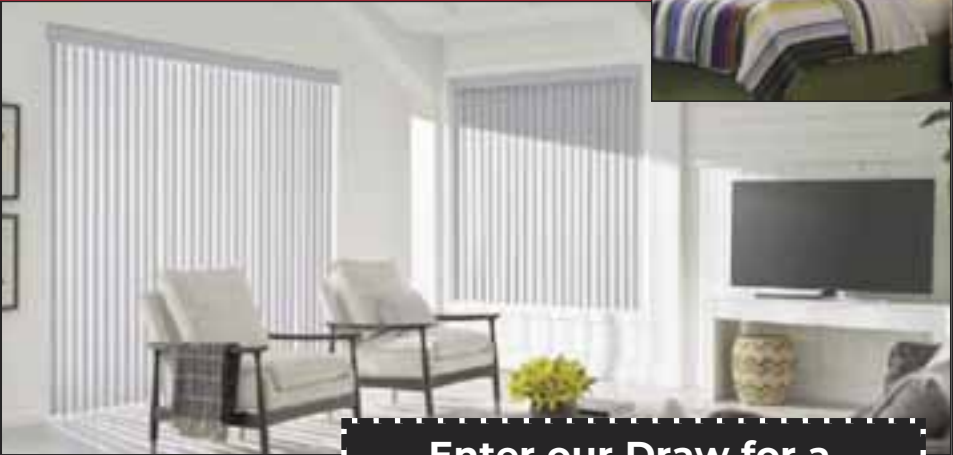
> CONTINUED ON PAGE 22

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# Council to review \$7 million capital budget

BY VANCE GUTZMAN

Some big-ticket items top the list of Deep River's proposed 2025 capital budget.

Town council will get its first look this week at the draft budget, which contains just over \$3.2 million in expenditures, excluding those for water and wastewater projects.

Fifty-seven percent of the cost will be funded by grants and the remainder from reserves, debt-financing and tax revenues.

The water and wastewater capital budget, meanwhile, calls for an additional \$3.9 million in spending, with 53 percent of that funded by grants and the remainder from reserves, debt financing and user fees.

Topping the list for the municipal budget is \$1.56 million which is being proposed for upgrades to the arena.

The bulk of that will go towards the replacement of the facility's refrigerant piping system, which is in poor condition.

Council has already taken the first step towards that project, having

agreed last month to submit a \$1.5 million funding application to Ontario's Community Sport and Recreation Infrastructure Fund (CSRIF), with Deep River matching half of that money in the 2025 capital budget.

The CSRIF is a provincial grant program aimed at revitalizing and extending the life of sports and recreation facilities and, under its funding stream for repair and rehabilitation, municipalities can receive up to 50 percent of total project costs.

The project will require ripping up the existing concrete slab at the arena to access and repair the damaged piping.

The town is expected to replace the arena boards in conjunction with that work, as they're nearly 25 years old, and will have to be taken out anyway to replace the slab and cooling tubes.

The capital budget is also calling for cosmetic upgrades to the arena's exterior, as its original tin siding will be repainted in-house and sections that are in need of repair will be replaced.

The draft budget also includes upgrades at town hall, including \$210,000

for the installation of a generator. The municipality has also applied for two grants which it hopes will offset \$115,000 of that cost.

"The generator installation will enhance town's hall's back-up power capabilities, ensuring uninterrupted service during emergencies," the budget report states.

## TOWN HALL ROOF

The capital budget also proposes the replacement of the town hall roof, with the budget report pointing out the current roof is 17 years old and "has reached the latter part of its useful life."

"A 2024 investigation confirmed the roof is no longer functioning effectively, increasing the risk of leaks and potential structural damage" the report states.

The cost of that project is pegged at \$180,000, with no offsetting grants figuring into the picture.

Upgrades to the interior of town hall are also being proposed in the capital budget with \$50,000 being set aside for carpet replacement.

"The old carpeting, which has become worn and outdated, will be replaced to improve both aesthetics and usability throughout the building," the budget report states.

Some of the other large projects contained in the 2025 capital budget include \$195,000 for the replacement of two sections of docks at the marina.

"These sections are currently in poor condition and completing this work will enhance the overall safety and reliability of the marina," the budget report states.

"Completing both sections simultaneously offers economies of scale by reducing mobilization costs, project timelines, and will minimize disruptions to marina operations."

The town has applied to the Department of Fisheries and Oceans for a grant to help offset nearly \$157,000 of the cost of that project but has not yet received any confirmation whether those funds will be forthcoming.

## ROAD PROJECTS

A couple of major road improvement projects are also contained in the draft capital budget, including \$400,000 for the repaving of Banting Drive, with the town hoping to secure \$140,000 in grant funding for that project.


The budget also calls for outlay of \$250,000 for engineering and design work on portions of Deep River Road and Ridge Road to allow for the County of Renfrew to continue with the second phase of the rehabilitation of those two county roads.

The entire length of Champlain Street, which is not a county road, is also being thrown into that engineering and design work for good measure, along with \$125,000 in proposed grant funding.

On the water and sewer side of the ledger, meanwhile, the capital budget is calling for \$600,000 to continue the town's sewer main relining work and \$150,000 for the relining of storm sewers.

Both those projects are aimed at reducing infiltration and inflows which are overworking the town's sewage treatment plant.

The budget also sets aside \$150,000 in 2025 for design and engineering work which will allow the municipality to proceed with water main relining work aimed at resolving discoloured water issues in parts of town.



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Deep River, ON K0J 1P0  
613-584-2000  
www.DeepRiver.ca

Town Hall:

Mon-Fri 8:30am-4:30pm

Council Meetings

Council meetings can be live streamed, or viewed later on the "Corporation of the Town of Deep River" YouTube channel.

Archived Council Meeting videos  
<https://www.deepriver.ca/council/council-meeting-videos/>

Council Meeting Agendas and Minutes  
<https://deepriver.civicweb.net/Portal/MeetingTypeList.aspx>

Fall Yard Waste Pick-up is Now Complete

The collection ran from November 4th – 15th, 2024.

Yard waste, biodegradable bags, brush and tree branches can be taken to the Baggs Road Landfill.

Baggs Road Landfill Site is open on the following days:  
Tuesday through Saturday  
9:00 a.m. to 4:00 p.m.

Walk In The Halls Program

Begins Thursday, Nov 28

Tuesday & Thursday evenings, 6:00-7:30pm  
Mackenzie Community School, sign in at the auditorium.  
Free for all ages. Please bring indoor shoes.

For more info, call the Recreation Dept 613-584-2000 ext 103

November 2024						
S	M	T	W	T	F	S
17	18	19	20	21	22	23
24	25	26	27	28	29	30

container - blue    fibre - yellow

Santa Claus Parade of Lights

Saturday December 7 at 5:30 pm.

Register Your Float Now

This year's theme is "Togetherness"

The Town of Deep River Recreation Department would like to encourage its community businesses, schools, churches, local groups and clubs to participate in our annual Christmas parade and support this community event.

If you, your business or club would like to enter a float, walking group or marching unit in this year's annual evening parade, please contact the Recreation Department at 584-2000 ext. 103.



Entry forms are available for pick up at the Town Hall or can be accessed on the Town's website

Recreational Swimming

Lane Swims		
Mon	6:30 am - 7:30 am 11:30 am - 12:45 pm 5:30 pm - 6:30 pm	Aquafit Drop In Class 9:30 am - 10 am 7:30 pm - 8:15 pm
Tues	7:35 pm - 8:35 pm	Toddler Swim 10:30 am - 11:15 am
Wed	6:30 am - 7:30 am 11:30 am - 12:45 pm 5:30 pm - 6:30 pm	Aquafit Drop In Class 9:30 am - 10 am 7:30 am - 8:15 pm
Thurs	11:30 am - 12:45 pm 7:35 - 8:35 pm	Aquafit Low Impact 9:30 - 10:15 am Public Swim 6:30-7:30 pm
Friday	6:30 am - 7:30 AM 11:30 am - 12:45 pm 5:30 pm - 6:30 pm	Aquafit Low Impact 9:30 am - 10:15 am Public Swim 6:30-7:30 pm Ladies Only 8 - 9 pm
Saturday	5:00 pm - 6:00 pm	Public Swim 3:30 - 4:45 pm
Sunday		Public Swim 3:00 - 4:00 pm

Deep River Public Library

Mon & Sat: 10am – 3pm    Tues & Thurs: 10am – 8pm  
Wed & Fri: 10am – 5:30pm  
[info@deepriverlibrary.ca](mailto:info@deepriverlibrary.ca)    613-584-4244

Community Memory Vault question of the week: Women in science What thoughts, memories, and/or family stories come to mind when you think of the theme "women in science" in the context of Deep River & Area's history? What local knowledge should be recorded for future generations, regarding women in science in our local context, historically?

Upcoming Programs:

- NEW DATE Movie Night: Jojo Rabbit. Friday, November 22nd at 5:30pm (doors open at 5pm). Hangout with us for a screening of Taika Waititi's anti-hate World II satire. Snacks by donation.
- NEW: Babytime, Wednesdays at 1pm! Geared to infants – 18 months, but all welcome. Join Robin for an interactive storytime with songs, stories and rhymes. Stay for some playtime and conversation between caregivers.
- NEW: English Chat Group, Mondays from 10-11:30am. Join us upstairs in the library for language practice and cultural exchange. Enhance conversation skills in a relaxed environment with weekly themed discussions.
- Writers' Unite meets on Thursday, November 28th at 6pm. All welcome for peer support on your writing journey. Email [writers@deepriverlibrary.ca](mailto:writers@deepriverlibrary.ca) to submit or review submissions.
- Seminar Series for Inquiring Minds: Janet Nelson will present on "Online Music Collaboration". Friday, November 29th at 7pm.
- Coffee & Crafts Tuesday, December 3rd at 6:30pm. Join us for the Christmas edition and make felt ornaments / gift tags. Free, drop-in program. All supplies provided, all welcome!

Deep River Police Service

The Deep River area is a beautiful place to enjoy the outdoors especially this time of year. However, the weather can be unpredictable, and trails may look different with the changes to the vegetation and trees. The Deep River Police Service would like to remind everyone that if you go hiking remember to bring a few essential items. Also, the weather can change rapidly throughout the day and night.

Items to bring:

Map, whistle, cell phone, 1-2 liters of water, first aid kit, flashlight, matches, extra clothes including hat, gloves, jacket, pocketknife.

Tips to avoid getting lost:

Stay on well-marked trails, never hike alone, let someone know where you will be hiking, be aware of your surroundings, check the weather before you leave.

What to do if you are lost:

Stay dry, blow your whistle, look for trail markers, use your cell phone, look around for a safe sheltered place, don't panic.

By being prepared you will enjoy your trip, reduce the chance of getting lost and if you do get lost, you'll be able to help others find you quickly and be able to keep yourself safe and warm while you wait.

Notice of Public Meeting

The Town of Deep River hereby gives NOTICE of the following:

- i) Application to amend the Zoning By-Law of the Town of Deep River
- ii) A public meeting regarding same application for an amendment to the Zoning By-Law of the Town of Deep River

Subject Lands PLAN 331 PT BLK N RP 49R3624 PARTS 2 AND 3

Public Meeting A public meeting to gather public feedback to the proposed Zoning By-law amendment will be held at the Town of Deep River Municipal Office on November 20th, 2024 at 6:00 pm

Proposed Official Plan Amendment

The purpose of the proposed zoning by-law amendment is to rezone the subject lands to permit a row stacked dwelling, to reduce the interior side yard width requirement from 3 metres to 1.2 metres, and to reduce the required parking spaces from 14 parking spaces to 10 parking spaces.



The effect of the amendment is to rezone the subject lands from Residential Two (R2) to Residential Three – Exception Three (R3-E3).

Additional information regarding the By-law amendment is available for inspection at the Town of Deep River Municipal Office during regular office hours or on the Town's website at [deepriver.ca/departments/planning-development](http://deepriver.ca/departments/planning-development)

If a person or public body does not make oral submissions at a public meeting or make written submissions to the Town of Deep River before the proposed Zoning By-law amendment is adopted by the Town, the person or public body is not entitled to appeal the decision to the Ontario Land Tribunal.

If a person or public body does not make oral submissions at a public meeting, or make written submissions to the Town of Deep River before the proposed Zoning By-law amendment is adopted by the Town, the person or public body may not be added as a party to the hearing of an appeal before the Ontario Land Tribunal unless, in the opinion of the Tribunal, there are reasonable grounds to add the person or the public body as a party.

If you wish to make a comment or to be notified of the adoption of the proposed Zoning By-law amendment, or of the refusal of a request to amend the Zoning By-law, or for further information, you must make a written request to:

Jackie Mellon, Clerk  
Town of Deep River, Deep River, ON K0J 1P0  
(613) 584-2000



Updated Notice

NOTICE OF APPLICATION AND PUBLIC MEETING

In the matter of Sections 17 and 22 of the Planning Act, the Town of Deep River hereby gives NOTICE OF THE FOLLOWING:

- i) Application to amend the Official Plan of the Town of Deep River
- ii) A public meeting regarding an application for an amendment to the Official Plan of the Town of Deep River

**Subject Lands** Part of Lot 42, Range B, geographic Township of Buchanan, in the Town of Deep River, as shown on the attached Key Map.

**Public Meeting** A public meeting to inform the public of the proposed official plan amendment will be held at the Town of Deep River Municipal Office on December 4th at 6pm.

Proposed Official Plan Amendment

The purpose and effect of the proposed Official Plan amendment is to redesignate the subject lands from Rural to Rural – Exception Three in order to permit the severance of new residential lots with frontage on a private road.

Additional information regarding the Official Plan amendment is available for inspection at the Town of Deep River Municipal Office during regular office hours.

If a person or public body does not make oral submissions at a public meeting or make written submissions to the Town of Deep River before the proposed Official Plan amendment is adopted by the Town, the person or public body is not entitled to appeal the decision of the County of Renfrew (approval authority), to the Ontario Land Tribunal.

If a person or public body does not make oral submissions at a public meeting, or make written submissions to the Town of Deep River before the proposed Official Plan amendment is adopted by the Town, the person or public body may not be added as a party to the hearing of an appeal before the Ontario Land Tribunal unless, in the opinion of the Tribunal, there are reasonable grounds to add the person or the public body as a party.

Please note that third parties (anyone who is not a specified person or public body) do not have the right to appeal a decision for an official plan amendment to the Ontario Land Tribunal.

If you wish to be notified of the adoption of the proposed Official Plan amendment, or of the refusal of a request to amend the Official Plan, or for further information, you must make a written request to:

Jackie Melon, Clerk  
Town of Deep River  
Deep River, ON K0J 1P0  
(613) 584-2000



Notice of Proposed Disposition of Property

TAKE NOTICE THAT pursuant to By-Law 67-2022, the Town of Deep River has declared surplus and intends to dispose of the following property

LANDS AFFECTED

33199 Hwy 17 (PLAN 374 PT BLK A PT BLK E PT BLK F RP49R2620 PART PART 1 RANGE A PT LOT 5)

The proposed disposition is for the sale of 211 square metres of the lands to the owner of an adjoining property. Council will consider the final disposition of the lands at a Council meeting on November 20th. Members of the public may submit written comments by 12:00p.m. Friday, November the 15th at the details below or make verbal comments at the meeting.



Two candidates to run for county warden

There will be an election this year for the position of Warden of Renfrew County.

Both Renfrew Reeve Peter Emon and Mayor Rob Weir of the township of Greater Madawaska have been nominated for the 2025 warden’s seat.

A ballot vote by county councillors will take place on December 10 during the inaugural session of county council to decide who will assume the office of warden of the county for 2025.

A formal nomination process takes place each year for the office of warden, and any member of county council is eligible after

being nominated by two fellow council members.

The successful councillor then fills the office of warden for a one-year term. The warden fulfills the role as head of council.

The nomination process closes 30 days prior to the inaugural session and if there is more than one nomination, an election is required at the December meeting.

This marks the first time since 2019 that there will be an election for warden.

Emon has been county warden for the past three years. He also served as county warden from 2013 to 2016.

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# OPINION

## NORTH RENFREW TIMES

Published by  
Digest Media Inc.  
PO Box 310, Deep River, ON K0J 1P0

NRT Editorial Board:  
B. Bishop (BB), D. Tennant (DT),  
K. Lapping (KL), T. Myers (TM)

### LETTER TO THE EDITOR

## Closing will have far reaching effects

Copy of a letter to Ontario Education Minister Jill Dunlop, MPP John Yakabuski, MP Cheryl Gallant, and Laurentian Hills Mayor Anne Giardini.

I write this letter with deep sadness and frustration upon hearing the news of the closure of this remarkable school, Deep Roots Nature & Nursery School.

The impact of this decision is profound, as this school is far more than just an educational institution.

It is the heart of our community - a place where children are nurtured, where educators and students learn from each other, and where a small business offers far more than just childcare.

For my family, Deep Roots has been an invaluable stepping stone. It provided my daughter with the foundation she needed to thrive. The staff at Deep Roots showed her love, support, and understanding.

They helped her process her emotions, encouraged her to be her best self, and fostered her ability to form meaningful relationships.

Whether drop-off was smooth or difficult, I always knew that she would be cared for as if she were their own.

This kind of genuine care is rare in childcare, and it is something that cannot be replaced.

This school has not only shaped my daughter's development but has also had a profound impact on my own life.

What Amanda and Alicia built at Deep Roots inspired me to return to school to pursue a career as an Early Childhood Educator (ECE). For years, I had considered going back to school, but seeing firsthand the incredible environment they created was the push I needed.

I wanted to be a part of the incredible team they had built, and eventually, I was lucky enough to do just that.

Now, as an employee of this school, it is devastating to know that I will soon be without a job. I returned to school with the sole purpose of working here, and now that opportunity is being taken away.

I am left with student loans to repay and no employment at the very place I pursued my education to work in.

What is most infuriating is that this closure is a direct result of funding being pulled from childcare centres like this one.

> CONTINUED ON PAGE 10



**The community came together as one in Chalk River last Monday morning to mark the sacrifices of those who served and continue to serve in Canada's Armed Forces. Hendrick de Vos, left, and Michelle Vincent, are shown here saluting after laying wreaths at the cenotaph at the Chalk River branch of the Royal Canadian Legion in honour of veterans of the Korean and Gulf wars, respectively.**

Photo: Vance Gutzman

### LETTER TO THE EDITOR

## Support local health care

On Saturday afternoon, on the advice of my home care nurse, I made my way to the emergency department of our Deep River hospital.

I was triaged in minutes and after a reasonable wait time, was registered and in a treatment room where the emergency nurse characterized my wound for input to the on-call physician.

While I relaxed under a warm blanket the physician and nurses prepared and implemented a treatment plan that got me back on my home care schedule.

By the time I left the hospital around six, my surgeon and family doctor had received a thorough report, a revised request had been sent to home care and a prescription request faxed to

my drug store.

By the time I got home and opened My Chart, the report was there.

While driving home it hit me just how lucky we are to have this level of care in our "little village" on a Saturday afternoon.

But then it struck me that luck had little to do with it.

I was around for the "rock breaking" ceremony for the beginning of construction of the hospital. It was happening through the dedication of a volunteer board, volunteer committees, the establishment of a foundation. The emphasis is on "volunteer."

And so it is today. Dedicated volunteers who donate their time to ensuring that we have the best medical service available. It goes beyond that of course.

Our administration and medical teams are focused on maximizing efficiency and adopting the best in technology.

> CONTINUED ON PAGE 10



LETTER TO THE EDITOR

# More sustainable funding model needed

Dear whom it may concern,

Myself, Sarah Ficko, and my husband, Stuart Bell, are writing to express our frustration, disappointment, and concern with the recent changes being implemented for funding to childcare facilities in our province.

Our oldest child started attending Deep Roots Nature and Nursery School in Chalk River in October 2022 when they first opened, and our younger child also started in September 2023.

When Deep Roots opened it filled an important gap in the need for childcare in and around Deep River and Chalk River.

Even with Deep Roots opening, Deep River and Chalk River continue to have very limited childcare options, particularly for licensed daycares.

Of the available daycare centres, we were particularly impressed with Deep Roots due to the focus on nature-based programming, the warm and inviting atmosphere, and the promotion of inclusion and diversity.

Shortly after starting at Deep Roots, Alicia Sage, co-owner, contacted us about reaching out to the inclusion co-ordinator for Renfrew County to see if they could provide some extra support for our oldest child, as they can react aggressively towards other children when dysregulated.

We were initially concerned there would be an additional cost with having a 1:1 support worker, and were greatly relieved to learn that the county would provide financial support for a worker.

As parents of a disabled child, we often face significant additional burdens of care (additional appointments, higher costs accommodating appointments and aides, and emotional weight of constant apprehension) required to ensure our child can thrive in a world not designed for them, filled with invisible pitfalls and lack of accommodations.

Deep Roots was the first safe space away from family that our child experienced.

While our oldest has stopped attending Deep Roots due to health reasons, the loss of funding for inclusion support and financial aid will limit who can attend Deep Roots, removing an important resource for families needing childcare and/or respite.

In addition, limiting inclusion support to specific centres does a disservice to all chil-

dren, as it means that many children will not have the opportunity to interact and play with children with disabilities or from different socioeconomic statuses from a young age.

Our younger child currently attends Deep Roots, and our plan was for this to continue until it would be time to transition into the school system in a few years.

Having our younger child at Deep Roots has been a great relief to our household as our older child is currently home full-time, and is prone to violent outbursts. Unfortunately, this violence is often directed towards their younger sibling.

Having both children at home together requires significant hyper-vigilance to ensure the safety of our children, which is exhausting physically and mentally, and also hinders our abilities to work effectively.

Governmental changes in funding have made it untenable for Deep Roots to operate, and not offering a viable path forward for Deep Roots to apply for the designation of \$10 a day daycare will force it to close on December 31, 2024.

To put it briefly this will negatively impact our household. Deep Roots is the only continuous resource of support we have been able to find to alleviate a portion of our additional burden.

As touched on above, the loss of any childcare space is a disservice to our underserved community. In particular the loss of Deep Roots for us personally has the potential to escalate our household into a mental health crisis.

My husband and I have already needed to access additional mental health supports in order to be effective parents, and we are still stretched thin.

We appreciate the movement towards affordable daycare for all families; however, the recently introduced arrangement will actively hurt our community, and create an even bigger crisis than what existed before the \$10 a day program was rolled out.

We hope the different levels of government will reassess their plans to reduce funding to daycares, and collaborate to create a more sustainable funding model that can support families and small businesses.

Sarah Ficko, Stuart Bell

## Meatless Monday Wednesday Dinner Thursday Lunch



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## THIS WEEK

### WEDNESDAY, NOVEMBER 20

11:30 am - 12:30 pm, Soup & Sandwich Luncheon, hosted by St. Andrew's United Church, weekly at CR Lions Hall  
1:15 pm, Wednesday Social Bridge, DR Library  
1:30-3:30 pm, "GriefShare" grief support group meets, everyone welcome, Real Hope Christian Assembly, Hwy 17 (continues until December 4)  
4 pm, Toddler storytime, Chalk River Library  
**7 pm, Deep River and Area Horticultural Society annual general meeting, everyone welcome, DR Library program room**

### THURSDAY, NOVEMBER 21

10 am, Seniors Friendship Club: Coffee, Tea and Conversation, Deep River Library  
12:45 pm, Duplicate Bridge Club meets, Deep River Library  
7 pm, Fun Euchre, Deep River Legion

### FRIDAY, NOVEMBER 22

**10:30 am - 1:30 pm, Outreach Clinic with representatives of Service Canada and Canada Revenue Agency, walk-in appointments available, Laurentian Hills Library**  
7 pm, Fun Darts, all welcome, Chalk River Legion

### SATURDAY, NOVEMBER 23

**10 am - 12 pm, DRXC ski and boot rentals, morning session for Jackrabbits (continues for general public 12-5 pm and Sunday 10-1), DR Curling & Squash Club**  
10:30 am - 2:30 pm, STEAM/Lego Clubs, Deep River Library  
1 pm, Laurentian Hills Library children's storytime, Point Alexander branch

### SUNDAY, NOVEMBER 24

11 am - 3 pm, Shuffleboard, all welcome, Chalk River Legion  
2-5 pm, Acoustic open mic, Deep River Legion

### MONDAY, NOVEMBER 25

10 am - 1 pm, Deep River and Area Food Bank open (weekly except holidays), at the Deep River and District Hospital (for more information, phone 584-3333 ext 7910)  
12 pm, Senior Cards, Chalk River Legion  
7 pm, Fun Darts, Deep River Legion  
7 pm, Al-Anon, group support for families & friends having alcohol addiction, CE Centre (behind DR Community Church)  
7:30 pm, Deep River Choral Group, Childs Auditorium, Mackenzie Community School

### TUESDAY, NOVEMBER 26

**9 am, Seniors Friendship Club: Games day, DR Library**  
10:30 am, LH Library children's storytime, Pt Alexander branch



With Christmas in the offing the Chalk River and Area Lions Club was the place to be on Sunday, with the hall filled to capacity with both vendors and customers buying their wares at the annual Christmas Craft Fair hosted by the service club. Karry Giroux, left, was enjoying the festive day by helping her daughter, Jessica LeBlanc sell the sun catchers she makes from her home-based business in Cobden.

Photo: Vance Gutzman

# Far reaching

CONTINUED FROM PAGE 8

It is clear that those making these decisions have no understanding of the time, energy, and dedication required to work with young children.

The vast majority of us who work in this field do so out of love for the children, not for monetary gain.

This is a profession that shapes the lives of children during the most critical period of their development - ages 2 to 7 - when their brains are forming in ways that will affect them for the rest of their lives.

Instead of withdrawing support, the government should be providing childcare centres with the funding they need to give children the best possible start in life.

By supporting business owners, they enable them to support their employees, who in turn support the children - our future.

The closure of this school should serve as a wake-up call to the government.

This is not just the loss of a small business; it is the loss of jobs, the loss of educational opportunities for children, and the loss of stability for families who may now have to leave the workforce to care for their children.

The ripple effects of this closure will be felt throughout the community.

I urge the government to reconsider the decision to pull funding from childcare centres.

The consequences are far-reaching, and the children, families, and workers who depend on these services deserve better.

**Christine Garagan**

# Local care

CONTINUED FROM PAGE 8

An example of course is My Chart. It required a lot of time and effort and a whole lot of staff dedication to get it up and running.

But think about it. You can go to the heart institute in Ottawa in the morning and by the time you reach home log on to My Chart and read the doctor's report, any test results, any further actions and any reminders.

One group of volunteers that deserve special recognition is the Hospital Auxiliary. Not only do they raise important funding through the gift shop but proceeds from the Whistle Stop are "jaw dropping." You would be hard pressed to find a more dedicated group of volunteers.

You have been waiting for it, so here is the pitch.

Government funding only pays part of

the bill for operating and expanding our facility and a dedicated team is needed to go after our share.

Administration and volunteers are the go-getters. Members of the community that have received medical care need to contribute to the Foundation to ensure that care is available in the future.

We continue to get new residents in our area, many of whom have taken medical care and funding for granted, paid for through taxes and large corporate fund raising.

But here in small town Ontario volunteering and donations are part of what keeps our medical services on top.

How to go about it?

Just go to the Deep River and District Hospital website and do a little scrolling.

After my recent experience I was going to donate an Easy Boy chair to the waiting room for seniors but I guess cleaning/sanitizing is an issue.

**Bill Bishop**



## THIS WEEK IN HISTORY: COUNCIL AGREES TO INSTALL ARTIFICIAL ICE AT ARENA

### 70 YEARS AGO

NOVEMBER 17, 1954: The Deep River Intermediates football club travelled to Sturgeon Falls on Sunday to meet the Bombers in the return game of their series. The Bombers came out on the long end of a 23-0 score. This looks bad, of course, but most of the scoring was done in the late stages of the game. This closes the playing season as far as the Deep River team is concerned. The Sturgeon Falls Bombers are a great bunch and we hope to play them again next year and perhaps turn the tables on them.

NOVEMBER 17, 1954: The Community Association would like to thank the two small boys who spotted two lost swings in the bush and reported it to the police department. Unfortunately we do not have their names. It is this kind of community responsibility that reduces our maintenance and replacement costs and enables us to continue to provide fun and pleasure for our residents.

### 60 YEARS AGO

NOVEMBER 18, 1964: Following a general meeting of the Mount Martin Ski Club on November 12, a new non-profit corporation was formed to purchase 11 acres of land at the Double Dip ski hill, in order to develop it into a full scale ski facility. Plans for the hill include recontouring, clearing and making additional facilities. As well as remaining a challenge to the expert skier, it is hoped to provide good beginner and intermediate slopes at the Double Dip and an improved jump slope.

NOVEMBER 18, 1964: Meeting in special session Thursday afternoon, Deep River's council passed first and second reading of a bylaw to raise by 10-year debentures, \$45,000 for the installation of an artificial ice plant, related equipment and a cement floor in the town's arena. Third reading of the bylaw must wait the results of a referendum to be held on December 7 at the municipal elections.

### 50 YEARS AGO

NOVEMBER 20, 1974: Ten CRNL operations personnel were injured early Sunday, November 17 when a west-



**This CRNL bus turned over at 8:47 Sunday morning when it went out of control on Highway 17 near Landry Crossing. Ten operations personnel at AECL were hospitalized in Pembroke as a result of the accident. (NRT Nov20, 1974)**

bound company bus in which they were travelling from Pembroke and Petawawa to work at the plant, went out of control and rolled onto its side. Bus driver Ellard Stalkie, 53, of Pembroke escaped uninjured in the single vehicle accident which occurred on Highway 17, six miles west of Petawawa, at 8:47 am.

NOVEMBER 20, 1974: The Arena Board is concerned about the future of Junior C hockey. The first game against Fort Coulonge had been a disaster. One player had to be taken to the hospital following a stiff check and another had his arm broken from slashing. There was also some damage in the dressing room. The Arena Board was assured that the Fort Coulonge team would not be allowed back in the Deep River arena.

### 40 YEARS AGO

NOVEMBER 21, 1984: "I feel you made a mistake over the choice of tenders, and you have a lot to lose," Chalk River resident Jim Sharp told village council last week. He was critical of council's choice of tenders for the upcoming season of snow plowing and sanding. Two tenders were received,

according to Reeve Lynn Joyce, and the highest one from Conrad Girard, was chosen for several reasons.

NOVEMBER 21, 1984: Keys School teacher Dean Jardine was presented with a medal last week for her role in crime prevention by Ontario's Solicitor General George Taylor, at a dinner in North Bay. Jardine has been actively involved in crime prevention programs in schools for the last 14 years. In conjunction with Deep River Police Chief Neil Raven, she initiated a program called "Youth and the Law" for Grades 7 and 8.

### 30 YEARS AGO

NOVEMBER 23, 1984: Family and friends gathered in Chalk River on Saturday to honour the memory of former village reeve Bob Seguin. They gathered to mark the opening of Bob Seguin Drive in the subdivision where 25 new homes will soon be built. MP Len Hopkins said it is fitting to name a street after Seguin, who "spent a lot of time on the road" representing the Upper Ottawa Valley.

NOVEMBER 23, 1994: One of the Deep River area's most prominent

landmarks might finally be sold. An offer to purchase King's Farm, also known as Ferguson's Stopping Place, has been accepted by AECL, according to media relations officer John Perehinec. Although he could not say who the buyer is, Perehinec said the closing date for the deal is some time in December.

### 20 YEARS AGO

NOVEMBER 24, 2004: About 700 Canadian Forces personnel, most from Canadian Forces Base Petawawa, will deploy to Kabul, Afghanistan in February 2005. The troops will be taking part in Rotation 3 of Operation Athena, Canada's contribution to the International Security Assistance Force (ISAF). More than 1,500 troops from Petawawa took part in the first rotation to Afghanistan beginning in July 2003.

NOVEMBER 24, 2004: There's some relief in sight for organizers of youth sports programs following an agreement between the Renfrew County District School Board and the provincial government. That agreement sees the elimination of rental fees for school facilities being used by non-profit children's sports and recreation groups.



# THEOP set to welcomes back the Durham County Poets

Come on out to the Durham County Poets' return engagement to Deep River on Friday, December 6.

The DCP graced one of the stages during THEOP's "Garage Music Tour" in the fall of 2021 when all events had to be held outside (photo, right).

Their peppy blues tunes and upbeat sax accompaniment were just what the doctor ordered in pandemic time!

The audience enjoyed them so much, THEOP has brought them back with full technical support so they can really strut their stuff.

The band is based in Ormstown, QC and three of the founding members - lead singer Kevin Harvey, Carl Rufh on bass, and drummer Rob Couture - have been joined by Rob MacDonald on guitar. The sax section includes Mark Leclerc and Kevin Jalbert resulting in a truly full sound.

All members, both past and present, contribute to writing and arranging the songs, bringing something truly unique to the table every time.

Various genres are respectively treated, including blues, soul, folk, R&B, and gospel, all weaving together to create a genuine Canadiana sound. Every song paints a picture and tells a story.

Bill Hurley from Extended Play Sessions says, "There's something about the Durham County Poets



that leaves you feeling that everything might be OK in the world after all."

"There's a human spirit that lives in these people and their music is the medium that allows that spirit to roam free."

The DCP's album, "Hand Me Down Blues" was nominated for a JUNO Award in 2020 for blues album of the year. "Out Of The Woods," released in May of 2022 has garnered much attention, with top 40, top 20, and top 10 best album of the year lists for 2022.

Kevin Harvey has been nominated for Maple Blues

Awards in both male vocalist and songwriter of the year categories.

This performance is in the Christmas month so there might be a few nods to the season, but expect a bluesy night, not a falala evening!

The band will be performing for the senior students at Mackenzie Community School in the day, courtesy of a grant from the Deep River Community Foundation to support music in the schools.

The evening show is for the general public, and both tickets and links to some of the DCP music can be found at [www.theop.ca](http://www.theop.ca).

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## HOLLY TEA & BAZAAR

St. Barnabas' well-loved Holly Tea and Bazaar is open to all in our community and beyond to come on Saturday, November 30 from 1:30 to 4 pm.

Many beautiful items have been arriving to our gift table where you can buy the perfect gift for yourself or to put under the tree

## St. Barnabas Anglican Church



for a loved one.

Our bakers are hard at work preparing many delicious items to offer on our bake table.

This is an enjoyable way to entertain your guests this Christmas season with a variety of squares, cakes, pies, cookies, bread and buns as well as jams, jellies, and other delicious offerings.

Our deli table will be filled with many wonderful choices of baked beans, meatballs, scalloped potatoes, lasagna and salads that you can take home for a dinner. There is something for everyone.

Come and have a relaxing and enjoyable time in our Tea Room. A variety of dainty sandwiches, squares, cookies, etc, will be served along with your choice of coffee or tea.

Tickets will be available at the door. All are welcomed to join us.



## Children's SHOPPING DAY for ages 12 & under only

Wrapping paper & cards supplied for each gift. Helpers will be available to guide the children - parents are asked to wait in the hall.

10am - noon  
Sat, Dec 7





# DRDH hits 80% of LTC funding goal

The Deep River & District Health (DRDH) Foundation is proud to announce that the “Closer to Home” campaign has now reached 80% of its \$2.5 million goal.

These funds are crucial to transforming the currently under-construction Four Seasons Lodge, a new 96-bed long-term care home, into a welcoming, fully equipped residence.

With \$500,000 left to raise, the DRDH Foundation is urging the community to come together for the campaign’s final push to provide furniture and medical equipment for the new 70,000 sq foot home.

“The building is taking shape, but we still need to provide the essentials that will transform it from a structure into a warm, welcoming home for our future residents,” said James Thompson, community engagement & fundraising co-ordinator.

“We’re talking about beds, chairs, sofas, medical and recreational equipment - everything that turns an empty building into a true home.”

The new 96-bed Four Seasons Lodge will be a vital addition to the community by helping to address the overwhelming demand for long-term care in North Renfrew.

As the population ages, more families are facing the challenge of finding appropriate care for their loved ones.

By supporting the “Closer to Home” campaign, donors are helping keep families together and improving access for people in need of long-term care.

## LAST PUSH

With 20% of the campaign still remaining, several areas of the Four Seasons Lodge lack funding for essential furniture and equipment.

Dining areas need tables for residents to share meals, family lounges require couches and chairs for visiting loved ones, and resident rooms need specialty mattresses and medical monitoring equipment to ensure safe, high-quality care.

“Every piece of furniture and equipment funded by this campaign contributes to someone’s future,” said Thompson.

“These aren’t just beds and chairs; they are spaces where residents will share stories, create memories, and live with dignity and comfort.



“With the community’s support, we can help future residents feel at home at the Four Seasons Lodge.”

There are many ways to make a meaningful impact. Aside from the standard giving options, including cash, cheques, and credit card, supporters can also donate assets, including publicly traded shares, bonds, and real estate.

It is also possible for supporters to create a pledge and spread their gift over several years to maximize tax benefits.

For those wishing to leave a legacy or honour a loved one, dedication opportunities are available for key spaces within the home, such as dining areas, activity rooms, and gardens.

Major contributors will also be recognized on the “Legacy Builders of the Four Seasons Lodge” donor wall, a lasting tribute within the lodge to those who have generously invested in the well-being and comfort of future residents.

“As we approach the final stretch, we’re asking everyone to invest in the future of our community, spread the word, and help us cross the finish line.

Together, we can make sure the residents of the Four Seasons Lodge feel safe, supported, and at home,” Thompson said.

To join in the final stretch of the campaign and help ensure future residents have everything they need to feel comfortable and at home, please consider making a donation or pledge today. For more information on how to contribute, visit [drdhfoundation.com](http://drdhfoundation.com), email [foundation@drdh.org](mailto:foundation@drdh.org), or call 613-584-3333 ext 7140.

## BLACK FRIDAY SALE STARTS EARLY!

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# Rotary seeks two more host families

BY KODY SULLIVAN

After a damp Halloween season, a sharp chill hangs in the November air. The signs of a vibrant community now shift from a pleasant greeting on a park bench to a comforting light shining from every window.

As each of our families, big and small, retreats to the warmth of our respective homes in preparation for the holidays, Rotary North Renfrew (Deep River) is on the lookout for two local families who can make room for one more person for a couple of months.

My name is Kody Sullivan, and I am a Mackenzie alumnus and a previous Rotary Exchange student. I am writing this article on behalf of our current exchange student, McQueen, who is in search of a potential host family for the new year.

The Rotary Youth Exchange program is something I am certain many Deep River locals will be very familiar with, as our local

club has hosted a foreign high school student every year since its founding, while sending a local student abroad in return.

This program has provided countless life-changing opportunities for these students, forming life-long friendships with host families and other students along the way.

As a former exchange student myself, I can vividly remember the early Italian winter months eight years ago.

The thought of spending the holidays apart from family and friends is daunting to be sure but the idea that a family, previously unknown to me, was willing to open their home to me provided me with an equal measure of comfort and excitement.

In the new year, McQueen will need a second and a third host family from our community and I am sure many of us would love to show him the warmth that can be found in a Canadian home.

> CONTINUED ON PAGE 21



The ladies of the Rolph, Buchanan, Wylie & McKay Historical Society were busy last spring, baking up 318 pies in the society’s spring pie sale. Pickup for the group’s fall pie sale will take place this Saturday, November 23 from 11 am to 1 pm at the School House Museum on Highway 17 West at Meilleur’s Bay.

Photo: Terry Myers

## MATCH UP

To put a free notice in Match-Up, phone the NRT office at 613-584-4161, or email <NRT@northrenfrewtimes.ca>.

**WATER HEATER:** Free for the taking, a 40-gallon Moffat electric water heater. It came with a nine-year warranty and has been used six years. Still in working condition. If interested, please call 613-586-2228.

**SAW:** Here’s something that probably didn’t just drop out of someone’s backpack. A bow saw was found recently near Sullivan Lake. To claim it, please call 613-584-3171. (Note, an incorrect phone number was printed last week.)

**BOWL:** Did a candy bowl go wandering? A stainless steel bowl was found the day after Halloween on the front lawn of 16 Faraday Cres. If you are missing one and think it may be yours, please call 613-584-2366.

**CARPET:** Two pieces of red plush carpet in excellent, clean condition deserve a better home than the landfill. They would be ideal for a cottage, children’s bedroom, or family rec room (sizes 104 x 92” and 64 x 38”). If interested, please call Carole at 613-584-4418 and leave a message.

## INQUIRING MINDS

# Online music collaboration

With the arrival of Covid-19 in 2020, there came a disconnect in communication between audience and entertainer.

No longer could anyone attend a live musical performance without undue risks to one’s health and well-being.

Collaborative online performances became the rage, where musicians somehow performed simultaneously in obviously different locations as they attempted to maintain their livelihood, while audience members attempted to maintain their cultural sanity.

But how was this accomplished?

Was it really likely that a trio, quartet or other ensemble would brave the social isolation policies of the day and physically gather to perform and record?

Or could it be true for example, that a violinist in Venice, a cellist in Canada and a pianist in Paris were somehow separately but simultaneously performing in that unique synchrony known as music?

How could this be? Well, it happened, so obviously some electronic magic was in-

volved.

On Friday, November 29 at 7 pm in the Deep River library program room, Janet Nelson, wearing her videoEditor hat, will explain how this magic is accomplished and how she organizes the collaborative effort of many musicians.

As a complement to her background as a flutist, she will describe the key moments that led her down the path of video, the software used, difficulties encountered and the highlights achieved.

To prove it can be done, she will present example videos of projects that have been created together with musicians from around the world.

Ahead of time, audience members can sample Janet’s work Moondance on her YouTube website, [www.youtube.com/watch?v=VMJyq\\_QdlwQ](https://www.youtube.com/watch?v=VMJyq_QdlwQ).

As with all “Inquiring Minds” seminars, the audience is asked to indicate their response to the presentation by a voluntary exit fee donation; proceeds to the Food bank.



# Time again for annual Christmas Basket program

Each year the Community Christmas Basket program helps over 300 individuals in the North Renfrew area, including children, adults and seniors. This includes the geographical area from Deux Rivières to Chalk River, the catchment area served by North Renfrew Family Services.

It's a fact that in our affluent community, one in 25 people is living below the poverty level. There are many who do not come forward to ask for help.

The "Community Christmas Basket Program" is a community sponsored and supported system of aid to those in financial need of some help to make a meaningful Christmas celebration.

For the past 31 years the Community Christmas Basket program has been running as a co-ordinated community effort, tying together the various charitable initiatives of several service groups, churches, clubs, businesses and individuals.

This program helps to ensure a fair

distribution of gifts, so that some groups or individuals are not receiving duplicated gifts while others are overlooked entirely. Families receive gift certificates for Valu-mart and Giant Tiger, so that they may choose holiday foods and items according to their own families' tastes and traditions.

These are available to be picked up, along with gifts and toys, December 10-12 by appointment at the parish hall, Our Lady of Good Counsel Church.

New donated toys can be dropped off at the Deep River town hall by Friday, December 6.

We are unable to accept stuffed toys due to environmental sensitivities. Gifts for this program are donated through the angel trees that are put up at various locations in Deep River and Laurentian Hills.

Locations this year include St. Barnabas Anglican Church, Bank of Nova

Scotia, Deep River Library, IDA drug store, Deep River Family Chiropractic, Canadian Tire, Giant Tiger, Point Alexander municipal hall and library, Santa Fe Restaurant, and Baila Studio. Families and individuals may pick an "angel" from any of these locations and purchase an appropriate gift. The "angel" will specify the age and gender of the recipient.

### HOW TO PARTICIPATE

Gifts should be returned to the Deep River town hall no later than Friday, December 6.

Please don't wrap the gifts. They are put out for the parents to choose, giving them a chance to pick something that is special for each child.

You could, however, include wrapping paper and a bow for the family to wrap the gift they choose. Seniors are encouraged to choose a gift from the angel tree gifts as well.

Pyjamas donated for children up to age 18 are collected at Northern Credit Union, Deep River and distributed through this program as well. Eligibility decisions are made by the staff of North Renfrew Family Services, in consultation with other social service agencies, based on their knowledge of the community they serve.

To contribute, you can write a cheque to North Renfrew Family Services (mark it "Gift Basket Program") and mail by Friday, December 6 to Box 1334, Deep River.

Your donations are the essence of this community program. The money is used to purchase the food certificates - if more is collected, more can be helped.

The program is organized by volunteers of the Deep River Sorority. Donations are received and administered by North Renfrew Family Services (NRFS), who issue tax receipts for each donation.



## sudoku

**HOW TO PLAY:**

Fill in the grid so that every row, every column, and every 3x3 box contains the numbers 1 through 9 only once.

Each 3x3 box is outlined with a darker line. You already have a few numbers to get you started. Remember: You must not repeat the numbers 1 through 9 in the same line, column, or 3x3 box.

3	4	2	5					
	7							
	5	9	7	4				
							7	2
			6		5			
					8	3	6	
						2		
	9	7	3				1	6
5				9			4	7

## cross word

answers use American spelling

- ACROSS**
- 1. Muffet's title
  - 5. Edge
  - 9. Winter illness
  - 12. Story opener
  - 13. Food staple
  - 14. Not your
  - 15. Scram
  - 16. Impersonated
  - 17. Wisecrack
  - 18. Bush
  - 20. Edition
  - 22. Skunk
  - 26. Toward the stern
  - 29. Festive party
  - 30. Hole punches
  - 34. School group picture: 2 wds.
  - 37. Mistake in print
  - 38. Pour forth
  - 39. Enemy agent
  - 40. Liberation
  - 43. Bond
  - 46. Greens mixture
  - 50. Bask
  - 51. History
  - 55. Steak order
  - 56. North American deer
  - 57. Draft animals
  - 58. Outer covering
  - 59. Tricky
  - 60. Fuse
  - 61. Make warm

1	2	3	4		5	6	7	8		9	10	11
12					13					14		
15					16					17		
18					19			20	21			
			22		23	24	25					
26	27	28		29					30	31	32	33
34			35					36				
37					38					39		
				40	41				42			
43	44	45						46		47	48	49
50				51	52	53	54		55			
56				57					58			
59				60					61			

- DOWN**
- 1. Model Kate \_\_\_\_
  - 2. Ruler division
  - 3. Wound trace
  - 4. Arrangement
  - 5. Half of a bikini
  - 6. \_\_\_\_ Van Winkle
  - 7. Frozen cubes
  - 8. The press, radio, etc.
  - 9. Hazes
  - 10. Hawaiian cookout
  - 11. Longing
  - 19. Swamps
  - 21. Sky light
  - 23. Slip-up
  - 24. Run off to wed
  - 25. Worried
  - 26. Tread the boards
  - 27. Soar
  - 28. Touch lightly
  - 31. Had been
  - 32. Back talk
  - 33. Messy home
  - 35. Not hard
  - 36. Couples
  - 41. Plant again
  - 42. Swamp
  - 43. Avails
  - 44. Void's partner
  - 45. Very black
  - 47. Huron, e.g.
  - 48. Soprano's solo
  - 49. Small ding
  - 52. Have an \_\_\_\_ to grind
  - 53. Beautician's aid
  - 54. Also

Seniors  
 Friendship  
 Club



SWISHA WALK

- “Patience is also a form of action.” - Auguste Rodin, sculptor
  - The Thursday morning Coffee and Conversation will be at the Deep River Library at the usual time of 10 am on November 21.
  - For the Walk in the Woods, Phil & Jenny will lead us on a walk at Swisha on Wednesday, November 20.
- This is a walk through the woods along dirt roads and wide trails. Non-strenuous, though there are lots of tree roots and rolling branches underfoot, and one or two fallen trees to clamber over, so sturdy footwear is advisable.
- The last section of the trail is close to the rim of the escarpment. Total dis-

tance is 4.4 kms and walking time is about one and a half hours.

Allow half an hour from Deep River to drive to the meeting point at Swisha for 1:30 pm. Cross the single-lane bridge, and after the ZEC Dumoine kiosk turn left onto Chemin du Moulin.

From there drive 3 kms, past the Commonwealth mill, and you will see a sign on the left for the Auberge Lodge. We will park here on the cleared area under the hydro line.

• Jodie Primeau’s presentation Monday, November 25 on “Powers of Attorney” at Stonecliffe is filling up fast. As these are catered events with capacity limits, we will not be able to accommodate anyone who has not registered in advance. As always, register at 23uovsfc55@gmail.com.

These talks are funded by the government of Canada’s New Horizons for Seniors Program and organized by the Upper Ottawa Valley Seniors Friendship Club.

TUESDAY MORNING PROGRAMS

Tuesday mornings in the Deep River Library program room:

- November 26, 9-10:30 am, we will have a games session - feel free to bring a game to play. (Note: this time is earlier than previously stated, to give more time for games.)
- On November 26, at 11 am Joint Freedom - Happy Joints with Kim Knight, the third session.

Register by emailing your etransfer to: 23uovsfc55@gmail.com or by placing it in the SFC drop box at Deep River town hall.

COMING UP

- December 3: Stained glass art with Trish Juby. Juby’s Jewels will run from 9 am to noon. Participants will be making a stained glass ornament. The maximum number of participants is limited to 15.

As always include the name of the workshop in the comment section of the etransfer to 23uovsfc55@gmail.com or with your payment if placing it in the SFC drop-box in the Deep River town hall.

- December 10: Natural Christmas Craft with John and Kathryn Torok. Using natural items from the “woodsy” walk on November 19, participants will create a Christmas table centrepiece.

Registration fee includes all materials provided. Maximum class size is 12. Please make note of the workshop and if you were unable to do the collecting walk, in the comment section of your etransfer to 23uovsfc55@gmail.com or with a note in the SFC dropbox in the Deep River town hall.

- Christmas Concert by the Military Wives Choir: Tuesday, December 10 at 7 pm in the Deep River Legion. Admission is at the door. As well, we will be accepting donations to the food bank at this event.

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• Christmas Luncheon at the Bear's Den, Thursday, December 12 at noon. Pre-registration at 23uovsfc55@gmail.com is necessary so we can ensure we have a space for you.

Registration is due by December 5. Donations for the food bank will be collected at the event.

• Monday Pool, Snooker, Darts and Shuffleboard at the Deep River Legion will resume again December 2, 9 and 16 before stopping for a Christmas break.

#### SURVEY

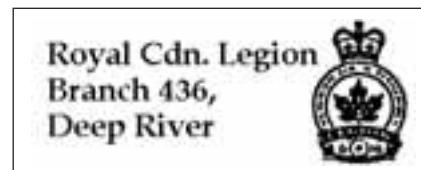
To help us plan events for Tuesday mornings for the winter and spring, a survey will be coming out this week. We want to plan events that are of interest to our membership with no cost or at a reasonable cost.

Feel free to suggest events or to volunteer to help with an event.

• We are looking for someone who knows how to play Mahjong to lead a session in the winter/spring.

If you know someone who plays and would be willing and interested in teaching others to play please let us know by a note in the SFC dropbox in the Deep River town office or by emailing 23uovsfc55@gmail.com.

• The Upper Ottawa Valley Seniors Friendship Club is open to all adults living in the area from Chalk River to Deux Rivieres. Our website is seniors-friendshipclub.ca and Facebook page is www.facebook.com/sfc.uov.



70-YEAR PIN

Busy week with the Remembrance

Day ceremony and gathering at the Legion afterwards; special thanks to all the people who attended the ceremony and to all who helped set it up and take it down.

Here is a list of volunteers and volunteers: Sean, Graham, Ray, John, Virginia, Greg, Margret, Ski, Suzanne, the eyes of Odin, the Ladies Auxiliary who organized the food we enjoyed, our bartenders Ben and Lorraine, the trio of Tony, Amber and Vicky who played music nonstop from 12 to 9 pm to keep everyone in good spirits. To anyone we missed, very sorry and thank you.

• The Ladies Auxiliary had a once in a lifetime event last week, as Donella Dagg received her 70-year pin as a member of the LA - that is an amazing accomplishment.

Think about it, she started volunteering when most of us were not born and she is still doing it today; that is true dedication to the community!

Well done and keep up the good

work, you are an inspiration to all of us mere mortals who struggle to do a little bit of volunteering.

• The Four-Handed euchre did not go as well as intended, but all who came had fun. The weather was just too nice to be indoors before the cold weather locks us in for the next few months.

• There will be a band on November 23 in the lounge; band starts at 8 pm, Jaimie said there will be deep fried food starting at 6 pm to get things started.

• Week 5 Rusty Dillabough draw winners are: 380 Cheryl Insley, 146 Nancy Haller, 434 Ann Aikens, 414 Ottawa & Sudbury, 271 Coreen Dawson & Virginia, 42 Bill Ward, 119 Jason Buckle, 384 Leigh Atherton, 272 Ryan Gale, 9 Jordan McLaren, 500 Mariette Miller, 491 Russell McQuestion, 6 Nico+1, 78 Ken McKee, 7 Kate & Ron Taylor.

The attendance winner was 398 DJ Helmet, who was not here so it grows.

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# SPORTS



## Candus attend first meet since 2020

The Deep River CANDU Swim Club is happy to share that they were able to get out to their first competitive swim meet since early 2020, the Petawawa Poppy meet hosted by the Petawawa Predators on Sunday, November 10 at Dundonald Hall.

The club sent a small delegation of swimmers including two from our Juniors group (Lana Seydalieva and Lillyana Rose Lade) alongside our more seasoned Seniors (Abbey Shkarupin and Karter Richard Sampson).

The swimmers had just started training again, with two months of practice under their belt after a one-year break due to the Deep River Pool closure.

They entered 12 different races and were able to place top three in eight out of 12 of the races they swam.

This is particularly impressive as it was a first-ever swim meet for two of the swimmers.

The Candu's were able to achieve such a successful comeback due to their efforts and passion for swimming and also from the encouragement and guidance of the amazing coaches serving the Deep River swim club.

Our swimmers were supported by our team of coaches on deck: our new head coach Kristen Clark, who joined in 2022, and our longstanding Juniors coach Adrian Cecco.

Kristen has been fundamental in allowing the club to continue to compete by leading on the deck; she brings her own competitive swimming experience, an improvement mindset to give constructive feedback, and a positive attitude to help the swimmers achieve their best results.

### CHALLENGES

Adrian has been coaching with the Candus for over eight years and brings with him boundless enthusiasm, the ability to lead with kindness, and a true love of swimming.

The club has had some significant challenges in the past few years since COVID, including the overall shutdown of the pool, the emerging and changing rules around swimming lessons from Swim Canada and the government of Canada during the pandemic, and subsequent changing leadership and volunteers

within the club itself.

The Candus are grateful to have restarted the Candu Kids program this year after a four-year hiatus (this allows children to learn how to swim from no capability to full knowledge of all the swim strokes for ages 6+).

This was enabled by their devoted volunteer coach Catherine Kerr who was able to pass off the reigns of the program to the new Kids coach Sarah Klein.

Sarah has taken the lead and has an excellent team supporting her (Jonathan Gooding and Autumn Doncaster) which is allowing the team to build strong future swimmers.

The Candus are still looking for a social media coordinator, treasurer, and volunteer or paid coaches to support the kids program as we target larger enrolment in the winter season.

Registration will open for the winter season in late December.

Please reach out to [ashleacolton@gmail.com](mailto:ashleacolton@gmail.com) or to the Deep River Candu Swim Club on Facebook if you have any questions regarding the club or if you'd like to volunteer.





Deep River's centre wins the draw cleanly back to the point, leading to the Knights' sixth goal in U13 rep hockey action at the Deep River Arena last Wednesday night. The Knights downed Arnprior 7-2 and will face off against Pembroke at the arena tonight, Wednesday, November 20 at 7 pm.

Photo: Terry Myers

## “Walk In The Halls” program is back November 26

BY DAVID KEECH

We all know the perils of going for a walk during the winter – narrower streets, occasionally unplowed sidewalks, and numerous icy patches all abound.

Well, there is an alternative to missing out on that exercise and it can be done indoors where it is both warm and dry.

(Note: the one exception is for people walking their pets because they are not allowed in the school.)

Yes, the “Walk In The Halls” program is returning to the halls of Mackenzie Community School this year, starting Tuesday, November 26.

This no-fee program will continue until the end of March with breaks at Christmas and March Break.

It runs from 6 to 7:30 pm on

Tuesdays and Thursdays each week and is open to all residents in Deep River and the surrounding area.

So who benefits from Walk In The Halls? Simply, anyone who chooses to participate does.

If you want a safe place to push your stroller around, you can do it here. Are you looking for a way for the kids to burn off that energy after dinner? Come on out.

Looking for some more cardio? Use the many staircases Mackenzie has available.

I can only speak for myself, but I am one who is desperate for more movement, and more exercise so that is why I go twice a week.

Everyone can participate from young children to seniors. The school is accessible, so if you use a mobility assistance device like a walker or wheelchair, that too can

be accommodated.

Some might be reading this and thinking “there is no way I can walk for an hour and a half,” which is understandable.

Note that the hours are when the program is available. Some show up right at 6 pm and leave by 6:20, and others do not arrive until 7 pm due to their schedules. Whatever suits you, come and enjoy it.

Bring along a friend to chat to as you walk around the school and look at recently displayed student assignments. All you need is a pair of indoor shoes.

If you have a step counter, that too would be wise to bring with you.

This program is run by a group of enthusiastic volunteers and is sponsored by the town of Deep River. So, residents of Deep River and area, we hope to see you take advantage of this free program.

### Cross-Country Ski RENTALS

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**DEATHS**



**ROSE, Henry Allen (Al)**  
1929 January 26  
- 2024 November 10

At North Renfrew Long Term Care, Deep River, Ontario. Predeceased by parents Franklin and Ella (Allen) and brother Larry. Survived by wife of 67 years Margaret (Thompson), sisters Norma (Bicknell) and Doris, sons Peter and Gordon, grandchildren Miriam, Colin and Beatrice.

From hardscrabble beginnings in Saskatoon, worked at NRC, GSC,

BEng (Chem, U of Alberta 1957), Polymer Sarnia, AECL Chalk River, C.J. Mackenzie High School, AECB, IAEA Vienna, AECL Head Office, retired to Deep River.

Editorial board North Renfrew Times. Flew a Tiger Moth in the air cadets, longtime scout and scoutmaster, author of On The Trail Of Baden Powell, Special Olympics coach, skier, speed skater, canoer, and many other activities.

Sincerest thanks to Dr. Greenfield for years of devoted service, all the staff of Deep River, Pembroke, and Ottawa hospitals and North Renfrew Long Term Care for their outstanding care.

At his request, no service will be held. Cremation has taken place at Capital Funeral Home and Cemetery, Ottawa.



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UNUSUAL  
RESULTS

□ There were 4-1/2 Duplicate Bridge tables playing a Howell movement last Thursday, with a truly remarkable result never seen before in this club, or certainly not in recent history: five pairs tied for fourth place.

- Top finishers were as follows:
1. Ian Towner and Sandy Towner, 61.11%
  2. Rosemary Nishimura and Geoff Edwards, 60.32%
  3. Lois Fitzpatrick and Erik Hagberg, 52.38%

A BRIDGE LESSON

The dealer, West, has a comfortable 1D opening and their partner will bid 1S. South might double here, to encourage partner to pick a rounded suit, but this will be brushed aside by E/W in their pursuit of game.

Each possible game contract for E/W offers a little bridge lesson. In 5D, the lesson is not to draw trumps too quickly.

AK and a third diamond would allow North to win and play a fourth round. To make the con-



tract, a heart must be ruffed in the East hand, before all the trumps are drawn.

In 3NT by East, a nice endplay is available to declarer. After a sword is put to the throat of this contract by a club lead, declarer succeeds by winning the first club, playing AK of diamonds, AKQ of spades, then AK of hearts (eight tricks).

This reduces South to only hearts and clubs. Declarer can now play 9h to South, who can take no more than 3 heart tricks and the Ac, before conceding the last trick to the 2nd high club in East's hand.

Dir: W      24  
Vul: None

♠ J 10 8 2	♠ J 10 8 2
♥ 8 7	♥ 8 7
♦ Q 5 3 2	♦ Q 5 3 2
♣ J 6 5	♣ J 6 5

♠ K 7 6	♠ A Q 5 4
♥ A 9 3 2	♥ K 6
♦ A K J 9 7	♦ 10 8 6 4
♣ 9	♣ K Q 8

♠ 9 3	♠ 9 3
♥ Q J 10 5 4	♥ Q J 10 5 4
♦ —	♦ —
♣ A 10 7 4 3 2	♣ A 10 7 4 3 2

The last game contract of interest is 4S. Here East first loses a top club to the Ac, then cashes a club, ruffs a club (two tricks), the AKQ of spades (five tricks) AK of hearts (7 tricks) and AK of diamonds (9 tricks).

At the end, in the following position:

♠ J	♠ J
♥ Q 5	♥ Q 5
♦ —	♦ —
♣ —	♣ —

♠ 9 3	♠ 9 3
♥ J	♥ J
♦ —	♦ —
♣ —	♣ —

♠ 4	♠ 4
♥ 10 8	♥ 10 8
♦ —	♦ —
♣ —	♣ —

♠ 10 5	♠ 10 5
♥ —	♥ —
♦ —	♦ —
♣ 10	♣ 10

declarer can make a 10th trick by leading the Jd (scoring the 10d at the end), or by leading a heart and scoring the 4s via “elopement.”

This afternoon the top N/S score of +50 went to 5DW-1, two average scores of -400 were recorded for 5DW=, and one N/S were -420 defending 4S, receiving a match-point zero.

# Host families

CONTINUED FROM PAGE 14

Having met McQueen myself, I know him to be a polite young man, keenly interested in Canadian life.

For only having spent two months in Canada, he has an impressive grasp of English, which I am sure has only been bolstered by his engagement in school clubs and activities.

As an avid basketball fan, McQueen is very excited to join the Mackenzie basketball team this year. He has joined Mackenzie's Theatre Arts Company (TACO) and helped fundraise with them at the recent Holiday Craft & Vendor market at the school.

Just this past week he tried skating for the first time, with borrowed skates.

The opportunity to host a student may seem daunting financially. However, interested families can be assured that Rotary clubs regularly fundraise for their student's expenses, such as events and out-of-town gatherings.

Rotary also provides exchange students with a personal monthly allowance.

I sincerely hope that this article finds a family willing to host McQueen in the new year.

If you want to know more, reach out to Jan Moore, our YEX co-ordinator, at 613-584-4245.

## LAURENTIAN HILLS PUBLIC LIBRARY

OUTREACH CLINIC

Representatives from both Service Canada AND the Canada Revenue Agency (CRA) will be at the Point Alexander Library, 34465 Highway 17 on Friday, November 22, 10:30 am - 1:30 pm.

Anyone interested may schedule an appointment by calling (613-584-2714) or email [library@laurentianhills.ca](mailto:library@laurentianhills.ca). Walk-ins also accepted as time allows. Appointments will be one-on-one sessions, privacy guaranteed.

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CARES (Client Assistance Referral and Enquiry Service) is a phone referral service for outreach officers and Service Canada citizen services agents to assist clients.

CARES phone support is intended for individuals who are experiencing barriers accessing government benefit and credits or accessing a CVITP clinic.

CARES can assist taxpayers who have a modest income with

CRA account specific needs. This includes individuals with gross household income less than \$65,000.

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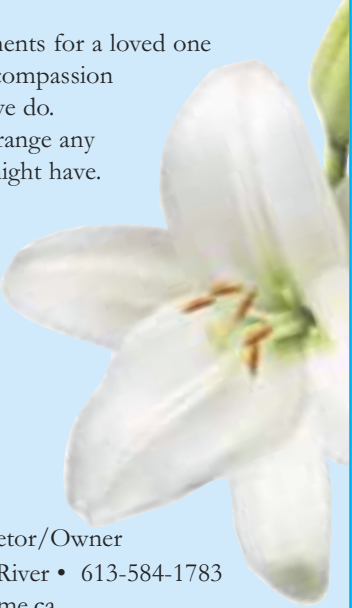
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# Daycare closing

CONTINUED FROM PAGE 2

“Like many other families in our community, we are strained to find adequate childcare,” the family stated in part, adding they moved here for work purposes.

Their son was diagnosed with autism last year and the family stated that, despite the challenges associated with that, they’ve “already noted significant progress in his development because of the focused efforts of the staff and the programming the school offers.”

“Our family is devastated to learn about the cuts in funding and the impending closure of the school,” the family stated.

“With another baby on the way in the new year, our joys have turned into anxiety, knowing that our only source of support and respite is being taken away.

“We are also really sad for our boy, who will inevitably suffer from the lack of routine and enrichment he was receiving from Deep Roots.”

## LOOK FOR ALTERNATIVES

“We want to be completely transparent with our families,” Alicia says of the pending closure.

“They’ll have to look for alternatives. We want to give them a chance to fight this.”

Alicia and Amanda have reached out to both MP Cheryl Gallant and MPP John Yakabuski

for aid in fighting the daycare’s closure, and have Laurentian Hills Mayor Anne Giardini standing firmly in their corner.

Giardini, who chairs the county’s health and social services committee, which has responsibility for channelling the funding from the province, feels frustrated, saying the county has been advocating to the province the need for more childcare spaces.

“They’re not responding,” she said.

The mayor points out that the new funding formula affecting daycares not enrolled in the CWELCC impacts not only Deep Roots Nature and Nursery School, but also two others in the county (one in Petawawa and the other in Renfrew), affecting 122 childcare spaces, and there are no CWELCC spaces available in all of Renfrew County.

“This would be a devastating loss to our community,” she said of the shadow hanging over Deep Roots Nature and Nursery School.

“Quality daycare is hard to find, and it’s unbelievable that we are looking at a wonderful local daycare having to close because of relocation of funding by the provincial government.”

Kathy Dupuis, a supply teacher at Deep Roots, echoes that sentiment.

“I’m heartbroken,” she says.

“It’s a loss to our community of affordable daycare.”

Amanda sums up the CWELCC program succinctly.

“It was trying to bring affordable daycare,” she says.

“But what’s better, affordable daycare, or none?”

# Yakabuski

CONTINUED FROM PAGE 3

Among the people cheering on the results that election night were two Deep River residents, Ed Cochrane and Ken McDonald, who both know a thing or two about politics, having served on town council.

“I think he’s as good as it gets,” Cochrane said of the returning MPP.

Yakabuski first came to office in the fall of 2003, narrowly defeating Liberal candidate Derek Nighbor by the slimmest of

margins, just 645 votes, and wrestling the riding from the Liberals, who had held it for 28 years under Sean Conway.

Nighbor, who now serves as president and chief executive officer of the Forest Products Association of Canada, had a special plaque made up last year to mark Yakabuski’s 20 years in office.

“Thank you for being there for the people of this area we both love so much,” it says in part.

“While we can always debate policy issues, there’s no debating how hard you have worked, how many people you have helped, and how strong and accessible a local representative you have been.”

# Drug testing

CONTINUED FROM PAGE 5

Drug tests will be assessed by a “medical review officer” (MRO) for the presence of substances like cannabis, cocaine, amphetamines, methadone, benzodiazepines like diazepam, and opiates including morphine, codeine and oxycodone.

In his ruling, Justice LeBlanc said that “despite there being no evidence of impairment problems at nuclear sites, there is evidence that there were inadequacies – or gaps – in the fitness-for-duty programs as they existed at the time the (new) requirements were adopted.”

“This is particularly the case with respect to reliable, consistent and accurate

methods to detect drug or alcohol impairment, including behavioural observation of impairment identification.

“If we accept, as (Justice Diner) did and as I do, that a pre-emptive and proactive approach to safety measures, instead of a ‘wait and see’ approach, is more suited to the protection against identified risks in the ‘safety-first and foremost’ environment of high security nuclear sites, where one nuclear incident may be one too many given the uniquely severe consequences it may have, then I am satisfied that bolstering these methods in order to fill those gaps... is a valid and compelling objective.”

The CNSC acknowledged LeBlanc’s ruling in a statement on its website, but did not indicate when the new regulations will be enforced.

# Capital budget

CONTINUED FROM PAGE 4

A further \$200,000 is being set aside for replacement of the older section of the water treatment plant roof.

An investigation conducted earlier this year following significant leaks in the roof, the budget report states, identified several deficiencies, “indicating that this section of rood has reached the end of its service life and now requires full replacement.”

A larger chunk of change, \$2.7 million, is proposed to continue the municipality’s efforts to reduce trihalomethanes (THMs) in the town’s drinking water system.

Trihalomethanes are chemical com-

pounds formed when chlorine used as a disinfectant reacts with natural organic matter in the water, like vegetation and dead leaves.

Just over \$2 million of next year’s remediation project will come from the \$3.5 million the town was able to secure three years ago from the Investing in Canada Infrastructure program’s “Green Stream” grant.

The first phase of that project got underway earlier this year, with the replacement of the filter media used at the water treatment plant with granular activated carbon.

The second phase, proposed to be completed next year, will use chloramination as the method for secondary disinfection at the water treatment plant.

That’s a treatment process which disinfects drinking water by adding chlorine and ammonia to create chloramines, which kill bacteria, viruses and other organisms.

## SUDOKU SOLUTION

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## CROSSWORD

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The cast of “I Live Here!” enjoys a party at Marion’s apartment. Left to right: Shax (Sam Bessey), Charlotte (Phyllis Heeney), Tammy (Juliana Feenstra), Bill (Kody Sullivan), Helen (Holly Rabishaw), Marion (Amy Cahoo), Felicia (Bridget Chiasson), Allan (Jim Xiang) and Dante (Rolando Milan). The Deep River Players will present “I Live Here!”, adapted from a short story by Shirley Jackson, as a dinner theatre show this Thursday, Friday and Saturday, November 21-23. For more information and tickets, visit [deeperiverplayers.ca](http://deeperiverplayers.ca)

Submitted photo



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